

#### ☆ Travel time by airplane

Oslo – Narvik	1h 40min
Bergen - Narvik w. transfer	2-3h
Oslo - Trondheim	55min
Bergen - Trondheim	1h
Oslo - Ålesund	55min
Oslo - Bergen	50min
Oslo – Stavanger	55 min
Bergen – Stavanger	35 min

#### ☐ Travel time by car

Oslo – Flåm	313 km   4,5h
Oslo - Bergen	464 km   7h
Bergen - Flåm	167 km   2,5h
Flåm - Myrkdalen	54,6 km   1h
Oslo – Stavanger	551 km   7h
Oslo - Ålesund	545 km   8h
Stavanger – Bergen	210 km   4,5h
Oslo – Narvik	1.385 km   20h
Narvik – Lofoten	226 km   3,5h

Tolls and ferries might apply

#### Travel time by train

Oslo - Myrdal - Flåm	5,5h
Bergen - Myrdal - Flåm	2,5h
Geilo - Myrdal - Flåm	2,5h
Voss – Myrdal – Flåm	2h
Myrdal - Flåm	1h
Stockholm - Luleå - Narvik	18t 40min

#### About Norway's best Product Manual 2024

01.04.2024-31.03.2025

**Info:** This is a brand new version of our produkt manual, with a layout providing clickable links and menus for easy navigation between all our destinations and products.

#### Disclaimer

We reserve the right to change and correct any information provided in this product manual, due to possible changes of our operations and contracts conditions during the year.

The latest version of the product manual will always be available online: www.norwaysbest.com/information/tour-operators-agents



# B2B Service & Support - How to book our products

#### City Break Booking System

Norway's best AS is using the latest Citybreak booking client.

Get access: Contact your personal sales representative or send a request to sales@norwaysbest.com

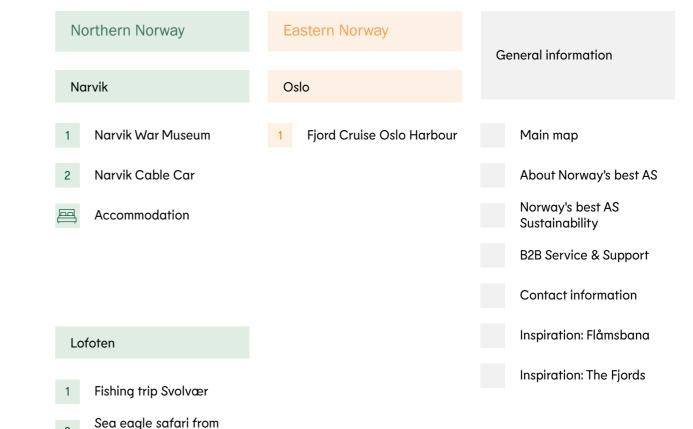
Read more in info box on the next page

# Content overview (clickable navigation to product pages)

Packages inspiration in Western Norway

#### Fjord Norway

Flåm		My	rkdalen	Voss		
		,		V000		
1	The Flåm Railway	1	Ski School	1	Voss Gondola	
2	The Fjords & Fjord Cruise Nærøyfjord	2	Sledding	2	Voss High–Rope & Zip–Line Park	
3	Flåm Zipline	3	Guided Snowshoe Hike	3	Family Rafting	
4	Stegastein Viewpoint	4	Dog Sledding	4	White Water Rafting	
5-10	Bus services	5	Ice Fishing			
11	Viking Valley	6	Horse Sleigh Rides	На	ırdangerfjord	
12	Flåm Bike Rental	7	Afternoon Tea	1	Fjord Cruise Hardanger	
13	Fjord Paddle from Flåm	8	Nuten Fondue			
14	National Norwegian Salmon Centre in Lærdal	9	Summer Chair Lift	Ge	eirangerfjord	
15-18	Fjord Safari	10	Guided E-bike Tour	1	Fjord Cruise Geiranger	
19	Cultural evening walk	11	Guided Fishing Trip			
20	Snow Shoe Hike		Accommodation			
21	Snow coach & lunch in Jotunheimen		Packages inspiration in Myrkdalen			
22	eMobility – Electric Car Rental		Map overview: Myrkdalen Mountain Resort			
23	Fjord Sauna					
24	Aurland Shoe Economusèe Guided Tour					
25	Rallartoget					
26	Museums & restaurants					
	Accommodation					





Svolvær

#### B2B Service & Support - How to book our products

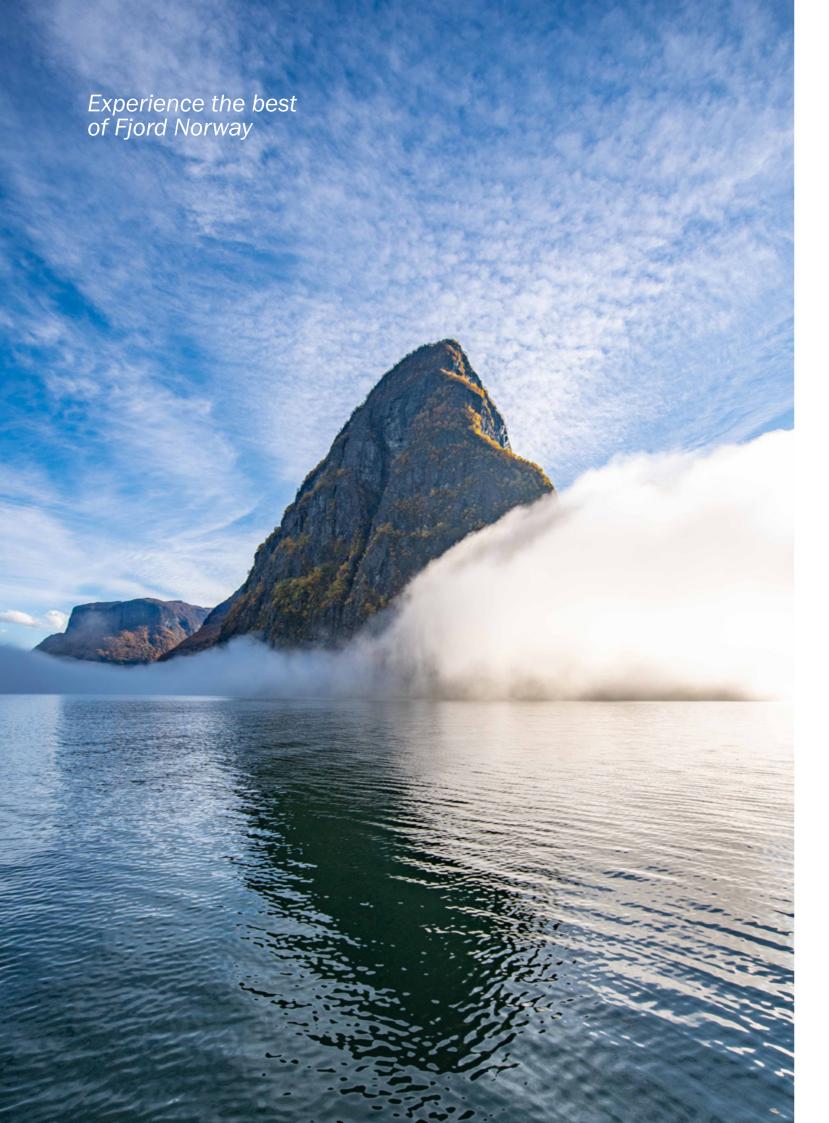
#### **City Break Booking System**

Norway's best AS is using the latest Citybreak booking client. You will be offered a contract with terms and conditions, valid rates, payment conditions, etc. If the agreed payment method is by invoice or by credit card in advance, you may download your travel document directly from the booking system. See user manual

Invoices are issued by our booking and invoicing partner "Norway's best AS", and preferably sent by e-mail.

Get access: Contact your personal sales representative or send a request to sales@norwaysbest.com







# Fjord Norway

Nærøyfjord

When visiting the land of fjords, you must not miss the opportunity to explore the impressive landscape up close.

Geirangerfjord

#### The Nærøyfjord

5 Back to main map

The narrow and spectacular Nærøyfjord and Aurlandsfjord are surrounded by steep mountains with snow-capped peaks that protrude 1800 masl., with rushing waterfalls and idyllic alleys along the fjord. The area is rated one of the world's most beautiful fjord landscapes and is on UNESCO's World Heritage List.

#### Hardangerfjord

Hardangerfjord

Experience apple blossom and romance in Hardanger. Combine a sustainable fjord cruise on the beautiful Hardangerfjord with visits to museums and local farms that produce fruit, juice and award-winning cider.





#### Geirangerfjord

The Geirangerfjord is a 15 km long fjord on the UNESCO World Heritage list. The fjord is one of Norway's most visited attractions, surrounded by high mountains, where abandoned farms cling to the mountainsides. You can see the 'Bridal Veil Waterfall', on the trip through the fjord. On the journey, you will experience wild and beautiful nature nature at its very best.



# Norway's™ best⊥ Flåm region



#### Travel time by airplane

Oslo - Bergen 50min
Oslo - Sogndal 50min
Oslo - Stavanger 55 min
Trondheim - Bergen 1h
Narvik - Bergen w. transfer 2-3h

#### Travel time by car

 Bergen - Flåm
 167 km | 2,5h

 Sogndal - Flåm
 70 km | 1,5h

 Flåm - Myrkdalen
 54,6 km | 1h

 Flåm - Oslo
 313 km | 4,5h

 Flåm - Stavanger
 346 km | 6h

 Flåm - Ålesund
 337 km | 6h

#### Travel time by train

Oslo - Myrdal - Flåm 6h
Bergen - Myrdal - Flåm 2h 30min
Geilo - Myrdal - Flåm 2h 30min
Voss - Myrdal - Flåm 2h
Myrdal - Flåm 1h

Tolls and ferries might apply

#### 5 Back to main map

#### Western Norway

# About Flåm region

Flåm has welcomed tourists for nearly 200 years, owing its popularity to the dramatic landscape and wide range of activities. The charming village is located at the innermost part of the Aurlandsfjord, in the heart of Fjord Norway.

#### Read more on website

www.norwaysbest.com/places-to-go/flam



By car, bus, train and boat, you can easily get access the beautiful nature surrounding Aurland, Flåm, Gudvangen and Undredal. Flåm is the perfect starting point for exploring some of the most spectacular natural attractions in Norway, with highlights such as the world famous Flåm Railway, fjord cruise on the UNESCO-listed Nærøyfjord and Scandinavia's longest zipline.

#### Product overview

- 1 The Flåm Railway
- 2 Fjord Cruise Nærøyfjord
- 3 Flåm Zipline
- 4 Stegastein Viewpoint
- -10 Bus services
- Viking Valley
- 2 Flåm Bike Rental
- 13 Fjord Paddle from Flåm
- Norwegian Wild Salmon Centre in Lærdal
- 15-18 Fjord Safari
- 19 Cultural evening walk
- 20 Snow Shoe Hike
- Snow coach & lunch in Jotunheimen
- eMobility
- Electric Car Rental
- 23 Fjord Sauna
- Aurland Shoe Economusèe Guided Tour
- 25 Rallartoget
- 26 Museums & restaurants
- Accommodation
- Packages inspiration in Western Norway



Flåm region

The Flåm Railway

# Flåmsbana

"The Flåm Railway is an experience unparalleled in Europe"

As one of Norway's few private railways, Flåmsbana offers a journey through the best of Western Norway's beautiful, untouched and dramatic nature.

The journey from Flåm in the innermost part of the Aurlandsfjord, up to Myrdal mountain station at 867 masl., is a railway experience unparalleled in Europe! From the comfort of a vintage train compartment, you can enjoy the changing scenery of the steep and narrow Flåm Valley. The sparkling blue river follows the railway for large parts of the trip, passing through agricultural landscapes where you'd think no one could live, the old Flåm village centre and the old church.

The journey, with views of mighty waterfalls and mountain peaks, takes about 60 minutes. The train travels slowly and takes a five-minute photo stop at the Kjosfossen waterfall where you can go out onto the platform. The train connect at Myrdal with most day-trains between the capital city of Oslo and Bergen on the west coast.





#### Amazing feat of engineering

Construction of the railway lasted from 1923 to 1940 and is said to be one of the greatest engineering feats in Norway. The 20 km long railway line is one of the steepest standard gauge lines in the world, with 80% of the journey running on a gradient of 5.5%. There are no less than 20 tunnels, 18 of which were built by hand. One of the tunnels even takes a 180 degree turn inside the mountain.

The train runs alongside a construction road, known as the Rallar Road or Navvies' Road, that was built to transport materials from the fjord to the mountains when the Bergen Line was built around 1900. Today, the Rallar Road is a popular cycling route from Finse to Flåm.

#### Famous worldwide

The National Geographic Traveler Magazine calls the Flåm Railway one of the top 10 train journeys in Europe while in 2014, Lonely Planet went even further and called it the best train journey in the world. It is a true bucket list experience when visiting Norway, and by far one of the most popular tourist attractions.



# Agent reservations for The Flåm Railway

Agent bookings for both individuals and groups, using our net rates, must be made separately. We recommend requesting an agent login to our booking site, Citybreak Sales Agent System, at <a href="https://www.agent.citybreak.com">www.agent.citybreak.com</a>

We recommend making reservations well in advance, as some departures may be fully booked. We recommend "Group Bookings" for organized groups of 10 people or more to gain assigned seating with the group's name on the train windows. When making a reservation it is important to inform about the nationality, which enables us to provide correct guiding onboard, both visually and by audio. Any major changes in the number of travellers or possible cancellations must be reported as early as possible.

#### Individual reservations

The Flåm Railway and the Vy Oslo-Bergen Railway are cooperating on the same ticket system, which gives an opportunity to have a common and a general one-way train ticket for individuals (FITs) covering both lines.

Entur operates ticket system, customer centre and the stations' sales and service on behalf of the railway companies operating on the Norwegian rail network.

# Combined and coordinated travels

Tickets for the Flåm Railway, solely or combined with the Bergen line, may be purchased at all manned stations, on Enturs ticket machines, at www.vy.no, or on the spot in our premises in Flåm Visitor Centre & Train Station.



Western Norway

Flåm region

# The Flåm Railway

The Flåm Railway has been described as one of the worlds most beautiful train journeys and is one of the leading tourist attractions in Norway. The journey features the finest aspects of the stunning scenery in Western Norway. The train takes a 5 minute photo stop at the Kjosfossen waterfall.

Read more on website

<u>View timetable</u>

www.norwaysbest.com/flamsbana



#### Location:

Train departures from Flåm, Lunden, Håreina, Berekvam, Blomheller, Kjosfossen, Reinunga, Vatnahalsen and Myrdal

The Flåm Railway connects with the Oslo-Bergen line at Myrdal st.



#### Prices:

Adult one-way: from NOK 370 / return: from NOK 530

Children (6-17 years):~50%~of~adult~price

Children (0-5 years): Free of charge

#### Tour facts



Open: Daily

**Duration:** 1 hour

(Flåm – Myrdal Station, one way)

Roundtrip takes approx. 2 hours

**Guiding:** Audio guiding and screen information in Norwegian, English and German.



# Customized guiding for groups

Groups with more than ten people get reserved seats. There is a possibility of speaker and screen information for pre-booked groups with up to three optional languages in each carriage. Available language choices are Norwegian, English, German, French, Spanish, Italian, Russian, Japanese, Chinese, Dutch, Thai, Portuguese, Polish, Hungarian and Korean.

Read more about agent reservation





Western Norway

Flåm region

# Fjord Cruise Nærøyfjord

The environmentally–friendly vessel sails silently along the most exposed and spectacular parts of the UNESCO listed Nærøyfjord. The vessels' large windows and walkways are inspired by winding mountain trails and maximises the experience in any season and weather.

Read more on website

View timetable

www.norwaysbest.com/things-to-do/fjords/fjord-cruise-naeroyfjord



#### Location:

Boat departures from Flåm, Aurland\*, Undredal\*, Dyrdal\*, Styvi\* and Gudvangen

\*These stops can only be pre-booked prior to departure time in Flåm or Gudvangen



#### Prices:

Adult, one way: from NOK 595,- / Return: from NOK 890,-

Children return (4-15 years): 50% of adult price

**Children (0-3 years):** Free of charge **Kayak/bicycle:** 100 NOK per item

#### Tour facts



Open: All days

**Duration:** 2 hours (Flåm – Gudvangen, one way)

**Return:** With Fjord Cruise or Shuttle Bus from Gudvangen/Flåm

**Serving:** Café with hot/cold drinks, small meals, snacks, beer and wine.

**Guiding:** Silent guiding on screens and sound/picture/more information through the free 'Voice of Norway' app in Norwegian, English, German and Spanish.



#### 'Future of The Fjords'

**Propulsion:** Fully electric

**Capacity:** PAX 399 (passengers only)

Weelchair access: Yes

**Seating:** Two large salons w/seats in side. Large area w/some seating outside



Norway's™

best\_

#### The Fjords

The Fjords is owned by Norway's best AS og Fjord1. Norway's best AS is a facilitator of travels and spectacular experiences in Flåm and the surrounding area. The modern tourist expects to experience the unique traits of a region in an inspiring, facilitated and efficient manner. This in combination with comforts, food experiences and service of the highest quality is our goal.

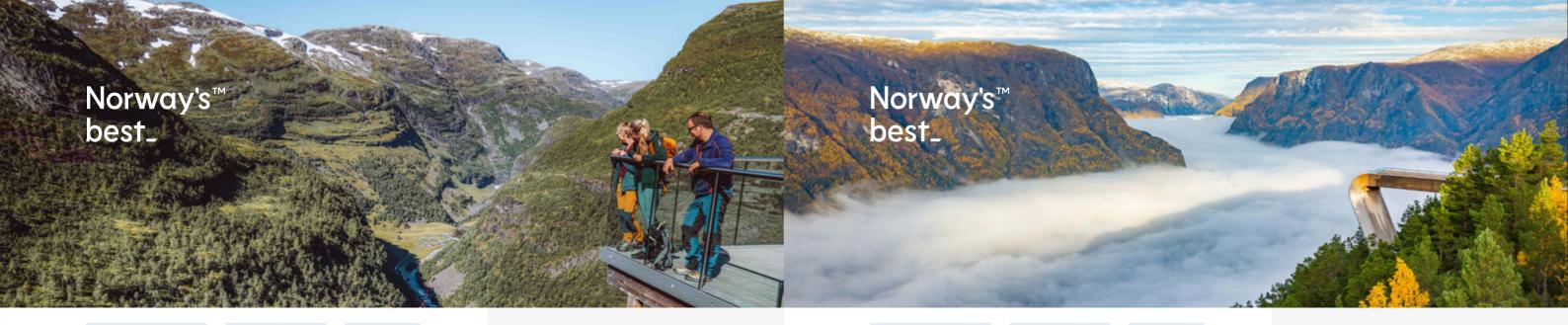
Fjord1 AS is the largest ferry company in Norway. Fjord1 AS has approx. 1200 employees and the main business areas are ferries and passenger boats. The Fjord1-ferries - crossing the fjords and connecting the islands to the mainland - are inevitable parts of the public transportation infrastrucure on the west coast of Norway.

#### Premium vessels

The two award winning 'Ship of the Year' vessels Vision of The Fjords (2016) and Future of the Fjords (2018) defines a brandnew standard in design and technology. The ultra light carbon fibre vessels are designed to maximize the tourist experience in any weather, with large windows and walk ways inspired by the winding trails of steep mountain terrain. The continious walk ways enable those of limited mobility to get onboard and around the vessel effeortless.

Passengers are encouraged to go out on the top deck and enjoy a very different experience compared to traditional passenger vessel. Inside you will find Nordic inspired interior design with high level of comfort.

These are environmentally friendly vessels, where Vision is a diesel electric hybrid and Future is fully electric. Both vessels travel in the most vulnerable and spectacular area of the UNESCO listed Nærøyfjord, only on battery power and keeps to less than 10 knots.



Western Norway

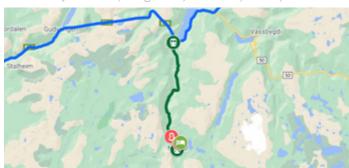
Flåm region

# Flåm Zipline

Experience the Flåm Zipline, the longest zipline in Scandinavia with a span of 1,381 metres. This breathtaking zipline starts at Vatnahalsen and ends up in Kårdalen close to Kårdal summer farm, in the upper part of the Flåm valley. Welcome to a RAW experience!

Read more on website

www.norwaysbest.com/things-to-do/adventure/flam-zipline



#### Location:

From Vatnahalsen station (on the Flåm Railway), it takes only a couple of minutes to walk to the top of the zipline.

The Zipline ends in Kårdal. Walk or cycle back to Flåm or walk to Blomheller station and take the next train back.



#### Prices:

Adult: from NOK 800,-

Children: from NOK 600,-

Bike rental: from NOK 375,-

#### Tour facts



Open: All days

**Duration:** 1-2 hours

Other: Bikes and larger items of luggage can be conveyed by a separate zipline at no extra cost.



#### Safety requirements

Weight: Min. 25 kg. / Max. 140 kg.

Health: If you are pregnant or have back, neck, heart or lung problems, or you suffer from epilepsy or any other condition that could result in seizures. you should consider whether it advisable to to use the zipline.

It is not permitted to be under the influence of drugs or alcohol.

In the event of bad weather, the zipline may be closed for safety reasons.

#### 5 Back to main map

#### Western Norway

#### Flåm region

# Stegastein Viewpoint

Experience the spectacular Stegastein viewing platform, 650 metres above Aurlandsfjord. A sight to take your breath away and a perfect place for memorable photos. Stegastein is one the most photographed viewpoints in the region.

Read more on website

View timetable

www.norwaysbest.com/things-to-do/bus-services/stegastein-viewpoint



#### Location:

Departure from Flåm and Aurland



#### Prices:

Adult: from NOK 410,-

Children (4-15 years): 50% of adult price

Children (0-3 years): Free of charge

#### Tour facts



Open: All days

Duration: 1h 30 min

(Bus Flåm - Stegastein return with 30 min photo stop)

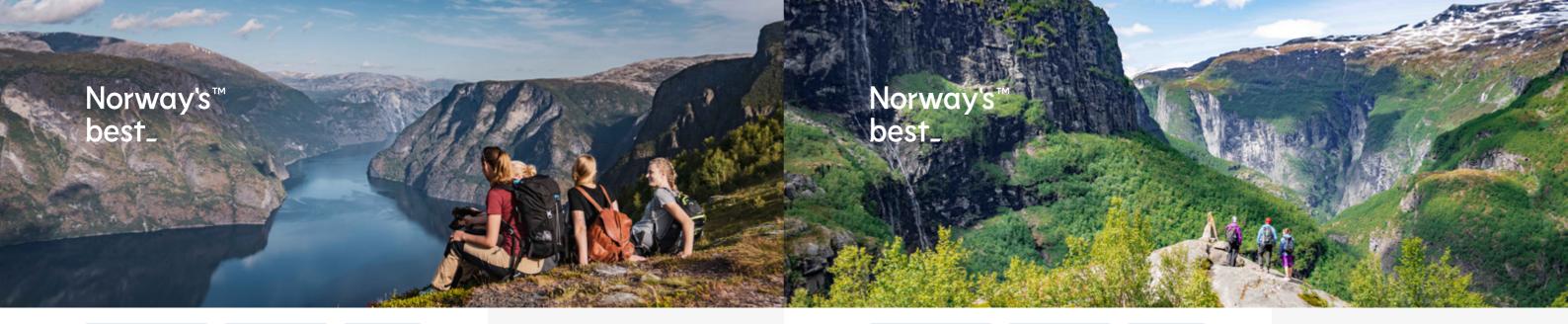
Other: Audio guide system included in ticket price and available in NO, EN, DE, ES, IT and FR.



#### Panoramic view of the Aurlandsfjord

An unmissable sightseeing roundtrip for any visitor to Flåm. Bus from Flåm via Aurland to the extraordinary and spectacular Stegastein Viewpoint. This structure, which juts out 30 metres from the mountainside, 650 metres above the fjord, offers an unparalleled panorama.

The Stegastein Viewpoint is part of the National Tourist Road that runs from Aurland to Lærdal, popularly known as "The snow road".



Western Norway

Flåm region

## Bus to Mt. Prest

Prest is one of the most popular and stunning hikes in Aurland, offering a panoramic view across Aurland, Flåm and the fjord. The bus goes all the way up to the starting point of the trail, via Stegastein Viewpoint.

Read more on website

View timetable

www.norwaysbest.com/things-to-do/bus-services/bus-prest





Bus departures from Flåm, Otternes E16, Lunde Camping, Aurland, Stegastein and Prest Parking



#### Prices:

Adult (one way): from NOK 225,-

Children (4-15 years): 50% of adult price

Children (0-3 years): Free of charge

#### Tour facts



**Open:** All days in period June - Sep. October: 01.10-13.10: daily | 14.10-31.10: fri, sat & sun

**Duration:** 50 min

(Flåm – Prest Parking, one way)

Type: Minibus, PAX 16



#### Hike to Mount Prest

The 3 km long trail has an elevation gain of 500 metres from starting point and is quite challenging, with some steep sections. Suitable for active people and families.

Conditions may depend on snow and mud early in the season. The weather may change quickly, be prepared for any conditions.

#### 5 Back to main map

#### Western Norway

Flåm region

## Bus to Aurlandsdalen

This is a flexible and practical transport to experience hiking the beautiful Aurland Valley. The bus goes to Østerbø, at the beginning of the trail down to Vassbygdi, and back to Flåm and Aurland in the evening. The schedule is adjusted to the average walking time through the valley.

#### Read more on website

View timetable

www.norwaysbest.com/things-to-do/bus-services/bus-aurlandsdalen



#### Location:

Bus departures from Flåm, Aurland, Vassbygdi, Berdalen\* and Østerbø. \*Bus only stops here on route to Østerbø, not return.



#### Prices:

Adult: from NOK 110,-

Children (4-15 years): 50% of adult price

Children (0-3 years): free of charge

#### Tour facts



**Open:** Daily in period July - August. Only fri, sat & sun in other periods.

**Duration:** Bus takes 1 hour (Flåm - Østerbø, one way)

**Requirements:** Even though most of the trail is downhill, the hike is described as demanding due to length and rocky path. Some hiking experience and good physical shape is recommended.



#### About the hike

The walk from Østerbø to Vassbygdi is about 20 kilometres long and takes approximately 6-8 hours. The path is easy to find and marked with the red T-signs. It is possible to hike the opposite way.

In the early season, there might be rockfalls and remnants of landslides on the way, as well as high water level. We recommend to always check the conditions and be prepared for changing conditions, as the weather can be unpredictable.



Western Norway

Flåm region

# Shuttle Bus Flåm – Aurland

Easy and convenient transportation between Flåm and Aurland. A perfect way to explore the two fjord villages, either you stay in Flåm or in Aurland.

Read more on website

View timetable

www.norwaysbest.com/things-to-do/bus-services/shuttle-bus-flam-



#### Location:

Bus departures from Flåm (by the Visitor Center, bus stop C) and Aurland (bus stop by the church)



#### Prices:

Adult: from NOK 110,-

Children (4-5 years): from 50% off adult price

Children (0-3 years): free of charge

#### Tour facts



Open: All days

**Duration:** 10 minutes (one way)

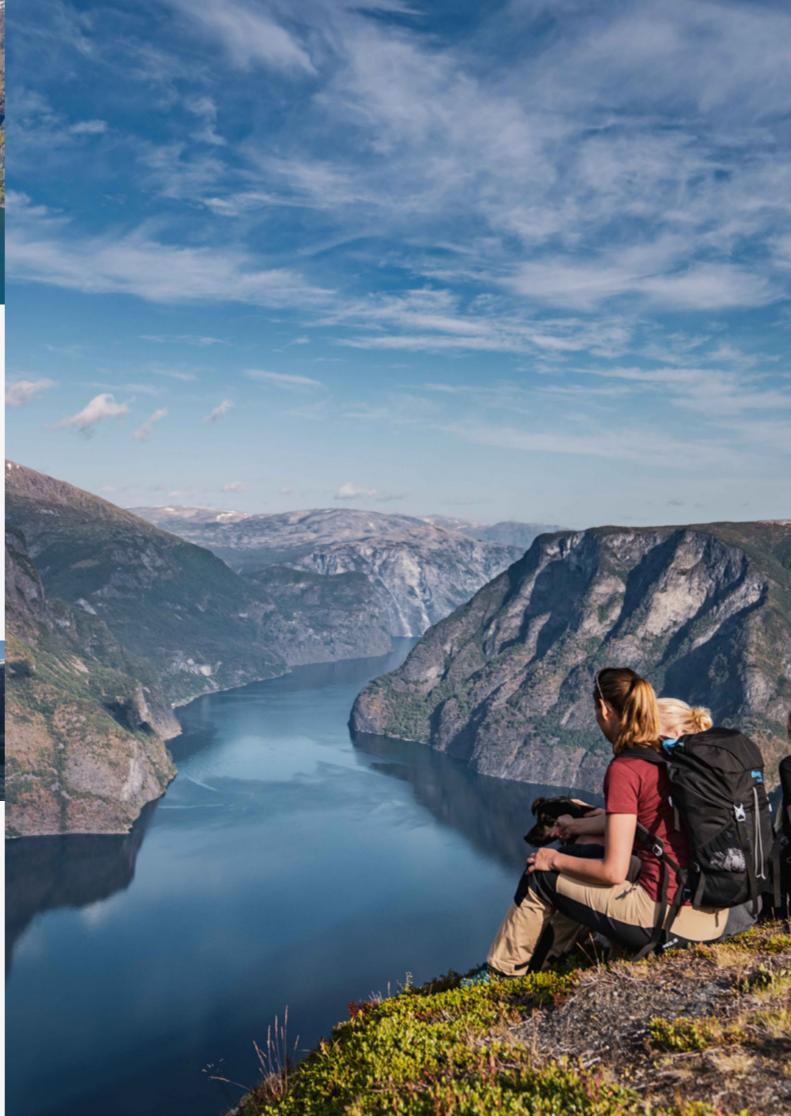


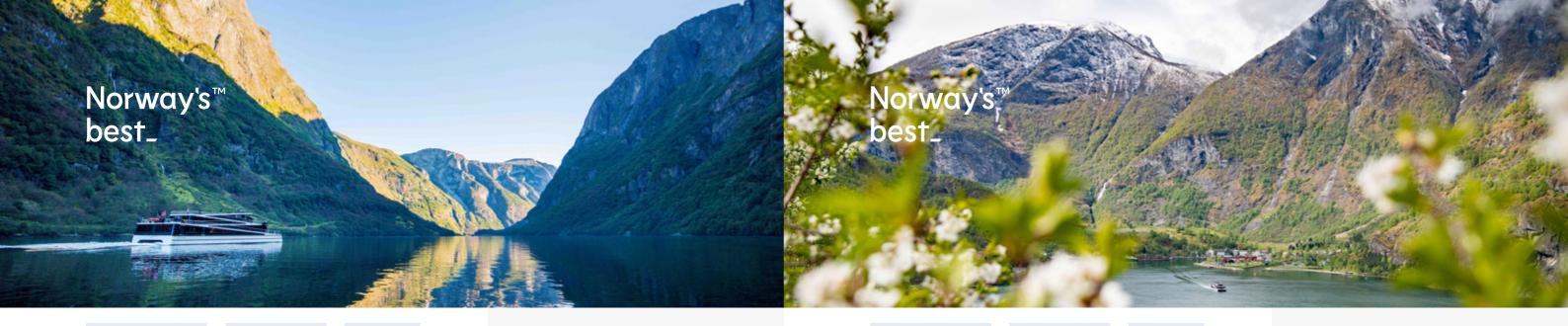
#### Flåm activities

The Flåm Railway, Fjord Cruise Nærøyfjord, Stegastein Viewpoint, Flåm Zipline, Fjordsafari, Flåm Bakery, Flåm Railway Museum, Flåm Store and more.

#### Aurland activities

Stegastein Viewpoint, Fjord Cruise Nærøyfjord, Hiking MT. Prest, Guided Tour Aurland Shoe Factory and more.





Western Norway

Flåm region

5 Back to main map

Western Norway

Flåm region

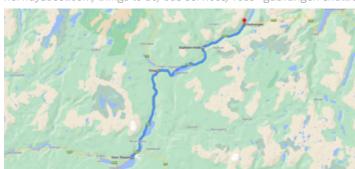
# Voss - Gudvangen Bus

The Shuttle Bus is an all year 'door to door' transfer between Voss and Gudvangen. Great option for travelers on the Oslo/Bergen train/bus line, that wants to combine a fjord cruise and the Viking Village in Gudvangen

Read more on website

View timetable

norwaysbest.com/things-to-do/bus-services/voss--gudvangen-shuttle-bus



#### Location:

Bus departures from Gudvangen (harbour) and Voss (train station)



#### Prices:

Adult: from NOK 98,-

Children (4-15 years): 50% of adult price

Children (0-3 years): Free of charge

#### Tour facts



**Open:** Please check timetables for details

**Duration:** 45 minutes

(Voss - Gudvangen, one way)



#### Flåm activities

The Flåm Railway, Fjord Cruise Nærøyfjord, Stegastein Viewpoint, Flåm Zipline, Fjordsafari, Flåm Bakery, Flåm Railway Museum, Aurland Shoe Factory, Flåm Store and more.

#### Gudvangen activities

The Viking Village and Fjord Cruise Nærøyfjord

#### Voss activities

Voss gondola, rafting, high rope and zipline park

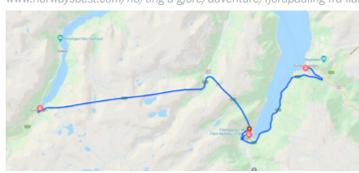
# Shuttle Bus Flåm - Gudvangen

The bus connects with our Nærøyfjord cruise and gives the flexibility to choose which bus and boat departures suit you best. You can choose whether to depart from Flåm or Gudvangen, depending on your plans for your stay.

Read more on website

View timetable

www.norwaysbest.com/no/ting-a-gjore/adventure/fjordpadling-fra-flam



#### Location:

Bus departures from Flåm and Gudvangen



#### Prices:

Adult: from NOK 150,-

Children (4-15 years): 50% of adult price

Children (0-3 years): Free of charge

#### Tour facts



Open: All days

**Duration:** 20 minutes

(Flåm - Gudvangen, one way)

**Other:** Children must be accompanied by an adult.



#### Nærøyfjord Round Trip

The shuttle bus and boat departure and arrival times are designed so that you can make a round trip via bus and boat in about 3.5 hours.

You can choose whether to depart from Aurland, Flåm or Gudvangen, depending on your plans for your stay in Flåm or Gudvangen.

You can extend your time between bus and fjord cruise by choosing the next departure.



historical elements.

Read more on website

Viking Valley

Western Norway

Explore the Viking Valley Njardarheimr in Gudvangen!

The Viking Valley is a place for memorable experiences,

learning and fun activities. A place where you can interact

with people who re-enact the past, all in accordance with

norwaysbest.com/things-to-do/food--culture/the-viking-village-njardarheim

Flåm region

Tour facts



Open: All days

**Duration:** 1-2 hours

Other: The entire village is wheelchair friendly (except some of the houses)

# . . Location:

#### Gudvangen

Daily shuttle bus between Flåm and Gudvangen



#### Prices:

Adult: from NOK 235,-

Children (4-15 years): from NOK 105,-

Children (0-3 years): Free of charge

#### Guided tour

Join in The Viking Experience, a guided tour of the village. You can also participate in axe throwing or archery, chat with the Vikings and try out some handicraft.

#### Food and beverage

At the entrance, a "modern" Viking Diner is open all days all year. Inside the Village, a Viking Cafe is open in the summer season serving Viking Food from local ingredients. Viking lunch and dinners can also be pre-booked for groups and VIP menu for individuals all year.

#### Flåm Bike Rental

Flåm is an ideal starting point for a bicycle trip in stunning surroundings. Hire a bicycle for a day and explore the area at leisure. Whether you choose to cycle along Aurlandsfjord or explore the old town centre of Flåm, the terrain is flat and suitable for nearly everyone.

Western Norway

Flåm region

Read more on website

5 Back to main map

www.norwaysbest.com/things-to-do/biking/flam-bike-rental



#### Location:

Bike rental in Finse or Haugastøl is also possible.



#### Prices:

Standard bike: from NOK 445,-Electric bike: from NOK 990,-

Trailer. tgalong (add-on): from NOK 445,-

Child seat (add-on): from NOK 100,-

#### Tour facts



Open: May to mid-October

All days (9 AM - 6 PM)

Note: Guests taking the first train in the morning can collect bikes the day before (no later than 6 PM)

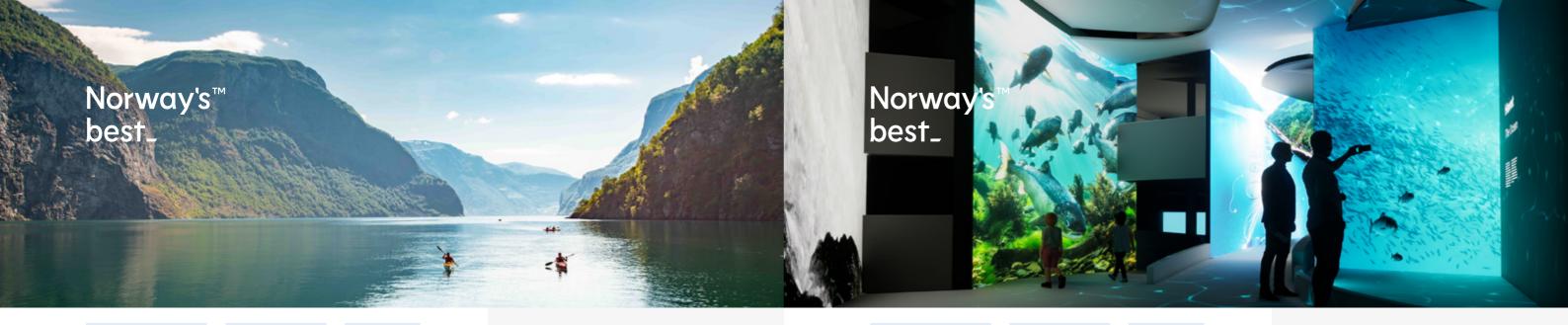
Bike types: Child bike 20"/24" Gents bike, Ladies bike, Electric bike



#### Delivery for rental bikes

Flåm: no later than 6 PM (delivery at our rental located between Fretheim Hotel and the train station).

For delivery after these times, extra cost will apply. Bikes can be delivered to Flåm, Haugastøl or Finse.



Western Norway

Flåm region

# Fjord Paddle from Flåm

A 3 hour kayak tour from Flåm is an easy, yet rewarding trip for anyone who wants to get a closer look on the majestic fjord landscape.

This is one of the best ways to enjoy the stunning nature, experiencing the calming feeling of paddling in a slow pace, while being active and outside. During the tour, the guide will give support and tell fascinating stories about the area, it's history and wildlife.

Read more on website

www.norwaysbest.com/things-to-do/adventure/the-fjord-paddle-3-hours



. . Location:

Meeting place at Flåm beach, 10-15 minutes before departure



Prices:

Adult: from NOK 1120,-

Children (5-15 years): from NOK 950,-

#### Tour facts



Open: All days (TBA)

**Duration:** 3 hours

**Other:** The lower age limit is 5 years. Children must be accompanied by an adult.



#### Practical information

The tour starts with our experienced guide giving the instructions and teaching the basics of kayaking.

What to bring: ordinary outdoor clothing and shoes to weather conditions, sunscreen, camera, lunch and something to drink, as well as swimwear and towel if desired.

**Included:** We provide kayak equipment, paddle jackets if it rains and camera case for compact cameras.

# National Norwegian Wild Salmon Centre in Lærdal

Western Norway

Flåm region

We have taken the Lærdal river into the centre and you get to experience the salmon in their true element – yes, you can almost touch them. Enjoy this rich media exhibition and get a deeper understanding of the Atlantic wild salmon.

Read more on website

5 Back to main map

www.norwaysbest.com/things-to-do/food--culture/national-norwegian-



#### .... Location:

Address: Øyraplassen 14, 6887 Lærdal Parking: Public parking at the center and at Lærdalsøyri



Prices:

Adult: from NOK 140,-

Children: from NOK 60,-

Family: from NOK 300,-

#### Tour facts



**Open:** All days 10-16 Extended opening hours in June, July and August 10-18. Other times on request

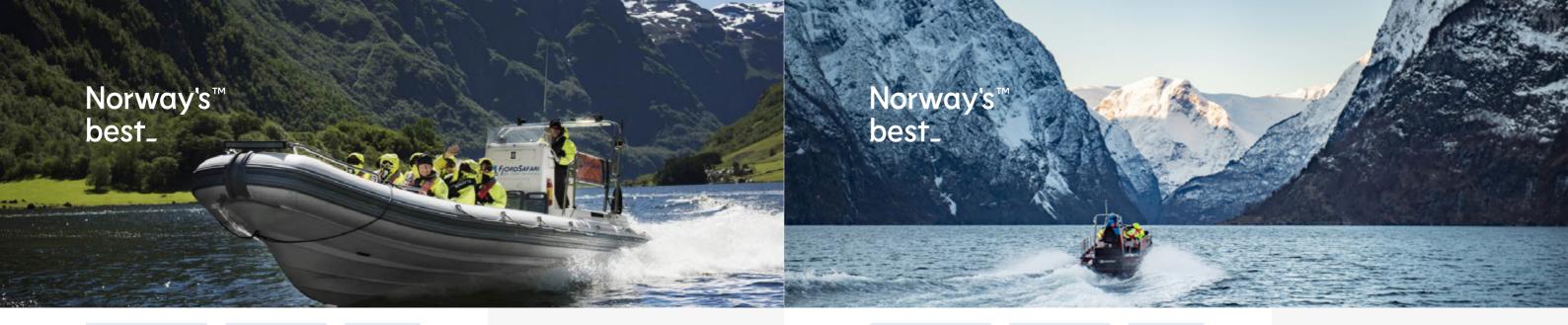
**Duration:** 1-3 hours

**Other:** Art center with local and national art in the same building



#### Practical information

Wheelchair accessibility: Good |
Eating places: Laksen cafe and bakery
| Toilets: Yes | Shop: Small shop
connected to the art centre | Guiding:
Self-instructional exhibitions - guiding
on request.



Western Norway

Flåm region

# FjordSafari

Take part in a unique adventure in the UNESCO-listed fjord landscape. RIBs offer an intimate experience of the fjord and mountains in this stunning World Heritage Site.

We will provide a unique insight into the settlements and activities along the fjord and your guide will recount local stories and legends from the area. The fjord landscape teems with wildlife, and during the trip we will be searching for seals, porpoises and eagles.

#### Read more on website

www.norwaysbest.com/things-to-do/adventure/fjordsafari





FjordSafari reception, Flåm inner harbour or Aurland pier. Note! Meeting point 20 minutes prior to departure



#### Prices:

Adult: from NOK 850,-

Children (4-14 years): from NOK 625,-

Children (0-4 years): Free of charge

#### Tour facts



Open: All days

**Duration:** Ordinary: 1 hour 30 min Extended: 2 hours 15 min

**Departures:** Please check online timetables for details



#### Practical information

Proper clothing will be provided for free. We have a wide range from baby sizes to XXL sizes.

There is no age limit on our trips. However, we recommend that our winter visitors do not bring very small children on the trip, as they can get quite cold.

With a maximum of 12 guests per boat, you are guaranteed a personalised experience with our guides.

#### 5 Back to main map

#### Western Norway

Flåm region

# FjordSafari Winter

A unique adventure in the UNESCO-listed fjord landscape. RIBs off er an intimate experience of the fjord and mountains in this stunning World Heritage Site.

Enjoy the majesty of the nature in Fjord Norway from open RIBs as we take you on a guided tour of Aurlandsfjord and the World Heritage Nærøyfjord area.

#### Read more on website

www.norwaysbest.com/things-to-do/adventure/fjordsafari-winter



#### Location:

FjordSafari reception, Flåm inner harbour. Note! Meeting point 30 minutes prior to departure



#### Prices:

Adult: from NOK 960,-

Children (4-14 years): from NOK 730,-

Children (0-3 years): Free of charge

#### Tour facts







Open: All days

Duration: 2 hours 30 min

Pax: 12

**Other:** Proper clothing will be provided



#### Practical information

Proper clothing will be provided for free. We have a wide range from baby sizes to XXL sizes.

There is no age limit on our trips. However, we recommend that our winter visitors do not bring very small children on the trip, as they can get quite cold.

With a maximum of 12 guests per boat, you are guaranteed a personalised experience with our guides.



Norway's™ best\_

Flåm region

5 Back to main map

FjordSafari Taste

cheese tasting in the village of Undredal.

Read more on website

Western Norway

Get closer to nature and experience local traditions on this

tour that includes a Heritage Fjord Safari and local goat

www.norwaysbest.com/things-to-do/food--culture/fjordsafari-taste

Flåm region

Tour facts

Open: All days

**Duration:** 3 hours Departure time: 16.30 PM

Other: Proper clothing will be provided

Pax: 12

#### Location:

FjordSafari reception in Flåm inner harbour. Also possible to book departure from Gudvangen. Note! Meeting point 20 minutes prior to departure



#### Prices:

Adult: from NOK 1175,-

Children (4-14 years): from NOK 895,-

Children (0-3 years): Free of charge

#### Undredal

Undredal is a unique Norwegian fjord village where people still have a strong connection to the land and their traditions. Famous for its goat cheese, architecture and breathtaking scenery.

The quality of the white and brown goat cheese is the result of time-honoured traditions of dairy and cheesemaking, cheesemaking being closely tied to the village's identity. As a result, Undredal goat cheese received the award of Norway's best goat cheese in 2011 and 2012.

# FjordSafari and hike

Join us on an active adventure from the fjord to the mountain, including a guided RIB trip on the UNESCO-listed Nærøyfjord, a nature trail hike and a slow food lunch at a traditional Norwegian mountain farm.

Western Norway

Read more on website

5 Back to main map

www.norwaysbest.com/things-to-do/adventure/fjord-safari--hiking



#### .... Location:

FjordSafari reception, Flåm inner harbour. Note! Meeting point 20 minutes prior to departure



#### Prices:

Adult: from NOK 1990,-

Children (4-14 years): from NOK 1460,-

Children (0-3 years): Free of charge

#### Tour facts



Open: Tuesday-Saturday

**Duration:** 6.5 hours Departure time: 08.15 AM

Group size: 12 pax

Level: Moderate physical fitness level is required for the up hill hike.

Other: Walking shoes or trainers and clothes/ rain attire suited for the outdoors is needed



#### Hike and goat cheese tasting

The hike takes about 1,5 hours uphill, 400 meters in altitude. During the hike you will be surrounded by breathtaking scenery, fjord views and waterfalls.

Upon arrival, the hostess will give a tour of the farm and show some secrets behind making the traditional goat cheese. Relax on the farmhouse terrace in this magnificent setting and enjoy a goat cheese tasting and a delicious lunch made with local produce. We hike back down to Skjerdal (about 30 min) and return to Flåm by minibus.





Flåm region

5 Back to main map

Western Norway

Flåm region

gion

Preliminary

# Cultural Evening Walk

Experience Flåm on a quiet, easy and pleasant Cultural Evening Walk. Discover our village by night, with a still fjord and fresh winter air. See how the landscape changes with the light and get a feel for how life has changed in the Flåm area since the time of trolls and witches, up until the present day.

TBA



Location:

Departure from the FjordSafari reception (Flåm inner harbor)



Prices:

Adult: na

Children (4-14 years): na

#### Tour facts



Open: Monday - Friday

**Duration:** 1.5 hours

**Level:** Suitable for all ages. No hiking experience or fitness level required.

Other: Head torch is included.



#### Guided walk

The walk ends at Flam beach with a bonfire, hot beverage and storytelling. Our knowledgeable guides will provide a unique insight into local history and culture of the area, and answer any questions you might have.

# Snowshoe Hike from Stegastein

Hiking with snowshoes is a fun way to get close to nature during the winter season. You will have an exceptional view of the Aurlandsfjord and the surrounding mountains.

Western Norway

Read more on website

5 Back to main map

www.norwaysbest.com/things-to-do/winter/snowshoe-hike



. . Location:

Departure from Flåm



Prices:

Adult: from NOK 890,-

Children (4-14 years): from NOK 680,-

#### Tour facts



TO FOR MOY ANY MOY IND. IN ANY SON COT NOV.

Open: All days

Duration: 2 hours 30 min

**Other:** General fitness, but no snowshow experience is required. Warm clothing is highly recomended.



#### The tour

The snowshoe hike will take around 1.5 hours.

The tour starts with a bus to Aurland and up to the Stegastein Viewpoint where the snowshoe hike begins.

The guides will stop several times during the hike to share their passion and knowledge about the different areas you will see. Hot beverages will be served to warm you up.



Western Norway

Flåm region

# Snow coach & lunch in Jotunheimen

Join the historical Bombardier snow coach in Jotunheimen to explore winter Norway including a self-guided snowshoe tour and lunch. The snow coach drive is an experience itself - these nostalgic vehicles are the only connections for the Eidsbugarden inhabitants to reach the open road and civilization during winter.

Read more on website

www.norwaysbest.com/things-to-do/adventure/snow-coach--lunch-in-



#### . . Location:

Meeting point: Eidsburgardeveien 1, 2985 Tyin

Route: Tyin-Eidsbugarden-Tyin

Self-drive: Tyin day parking (from NOK 80,-)



#### Prices:

Adult: from NOK 1595,

Children (0-12 y.o.): from NOK 1095,-

Guiding: Norwegian & English

**Group size:** 12 pax per snow coach (minimum 2 pax)

#### Tour facts



Open: All days

Period: 16.02-28.04.2024

Duration: 3 hours 15 min

Departure: 13:45 (Tyin)

Other: Meeting time: 15 minutes before departure (13:30)



#### Practical information

Available facilities: Toilets and free Wifi at Fondsbu DNT (Eidsbugarden)

Dogs: Allowed | Wheelchairs: Not possible | Bicycles & other sports equipment: n/a | Pregnancy: Avoid less than a month until birth.

Included: Snow coach ride with guiding, lunch & snowshoes with poles.

#### What to bring

Outdoor winter clothes I Good winter boots | Warm hat | Gloves

5 Back to main map

Western Norway

Flåm region

# Snow coach and lunch in Jotunheimen with bus from Flåm

Enjoy this comfortable bus ride from Flåm into the mountain of Jotunheimen. You will be able to admire the spectacular winter landscape and fjords of the west coast of Norway until you arrive at the small village of 'Tyinkrysset'. We will pick you up and bring you to the starting point of our snow coach adventure.

#### Read more on website

www.norwaysbest.com/things-to-do/adventure/snow-coach--lunch-in-



#### Location:

Meeting point: Flåm station (15 min before departure) - Bus stop A/B (Bus company: NOR-WAY Bus Express | Route: 162) Transport back to Flam: We will bring you back to the bus towards Flam. Arrival at Flam at 19.00 Route: Flåm-Eidsbugarden-Flåm



#### Prices:

Adult: from NOK 2195,-

Children (0-12 y.o.): from NOK 1495,-

Guiding: Norwegian & English

Group size: 12 pax per snow coach (minimum 2 pax)

#### Tour facts



Open: Only sundays

Period: 16.02-28.04.2024

**Duration:** 7 hours | **Departure Flåm:** 11:55 (Arrival Tyinkrysset 13.15)

Other: Free parking: Next to Flåm station.



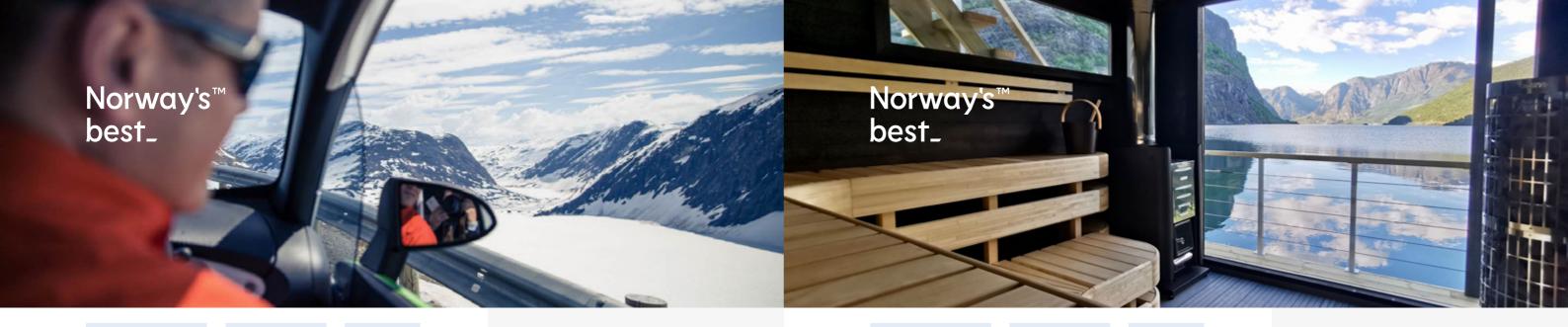
#### Practical information

Dogs: Not allowed | Wheelchairs: Not possible | Bicycles & other sports equipment: n/a | Pregnancy: Avoid less than a month until birth

Included: Bus, snow coach ride with guiding, lunch, snowshoes with poles

#### What to bring

Outdoor winter clothes | Good winter boots | Warm hat | Gloves



Western Norway

Flåm region

# eMobility – Electric Car Rental

Hire a small, yet powerful electric car and explore the Flåm area. These green cars make it easy to get around – with no impact on the environment. No CO2 emissions, just good clean fun!

#### Read more on website

www.norwaysbest.com/things-to-do/adventure/emobility---electric-car-rental



Location:

Departure from eMobility office in Flåm



Prices:

2-hour car rental: from NOK 1650,-

#### Tour facts



Open: All days

**Duration:** 2 hour car rental from 9 AM, 11 AM, 13 PM, 15 PM and 5 PM

**Audio guide:** Each car has a GPS-controlled audio guide, which are available in NO, EN, DE, FR, ES and IT

Other: Children must be over 15 kg.



#### Urban green two-seater

The silent Renault Twizy has an open cab and inline seats for two. It is all-electric, takes up little space and is easy to drive. Remember to bring a valid driver's license.

Electric cars may be hired for two hours at a time and we offer two customised tours: Stegastein Viewpoint or Aurlandsvangen & Vassbygdi.

#### 5 Back to main map

#### Western Norway

#### Flåm region

# Fjord Sauna

Fjord Sauna offers various sauna experiences in combination with a refreshing bath in the spectacular Aurlandsfjord. Enjoy a steaming hot sauna and take in the beautiful views from the quay in Flåm. Enjoy a refreshing bath in the fjord by using the hatch inside the sauna or the roof and ladders outside.

#### Read more on website

www.norwaysbest.com/things-to-do/adventure/fjord-sauna



#### Location:

Fjord Sauna is located at quay 10 in Flåm harbor



#### Prices:

Shared sauna (1,5h): from NOK 395,- per person

Private sauna (1,5h): from NOK 2695,- (max. 12 pers)

Private sauna (2h): from NOK 3195,- (max. 12 pers.)

#### Tour facts



**Open:** 01.05.24-31.03.25: Daily

Rest of the year: weekends (Friday-Sunday) and on request

**Duration:** 1-2 hours

**Other:** Spacious changing room with storage on board. Restroom and shower are available at a short distance. The sauna uses electric heating.



#### Sauna Experiences

Join the Shared Sauna together with new people in the weekends or book a private experience with a group of friends, family or colleagues.

The "Sauna Master" is present during the experience, introducing the concept, providing heat and water in the sauna and ensuring that you get a pleasant and safe experience.





Western Norway

Flåm region

# Aurland Shoe Economusèe Guided Tour

Experience the tradition and craftsmanship of The Aurland Shoe, meet the shoemaker and learn how the traditional Aurland Shoe is made.

The Aurland-style shoe has been made since the 1930's and Aurlands is now the only manufacturer of this traditional Norwegian footwear, now available in many styles.

Read more on website

www.norwaysbest.com/things-to-do/food--culture/aurlands-guided-tour



#### Location:

Located in the centre of Aurland, only 10 minute drive with car or bus from Flåm



#### Prices:

Adult (Audioguide only): from NOK 100,- per person

**Children (4-15 years) (Audioguide only):** from NOK 50, per person

**Personal guide (Group):** from NOK 200,- per person Note: *Minimum* 10 persons

#### Tour facts



**Open:** Monday – Friday\* (except holidays)
\*Weekends and holidays on request

**Duration:** 1 hour

**Group times:** 10.15 AM, 11:30 AM

and 14.15 PM

Group size: Max 50 pax (2x25)

Note: Groups need to book at least 3 days in advance

**Other:** Guiding in Norwegian or English.

Note: Audio guide offered in multiple languages



#### Aurland Shoe Économusée

In the summer of 2009, Aurlands opened an exhibition centre for their shoe production based on the Canadian Économusée concept. This visitor centre tells you about the history and skills involved, shows you the whole process from leather to finished shoe, and lets you meet the shoemaker.

#### Factory outlet

The factory outlet offers a wide range of Penny Loafers, as well as exclusive women's and men's bags, belts and other products. A perfect opportunity bring home locally produced and authentic souvenir.

#### 5 Back to main map

#### Western Norway

#### Flåm region

# Rallartoget

A relaxing trip that gives you a taste of what Flåm has to offer of spectacular nature. At the same time, it gives a little insight into how the permanent residents live when we pass houses and gardens in the idyllic village.

Read more on website

www.norwaysbest.com/things-to-do/adventure/rallartoget



#### Location:

The train starts from the area close to Fjordsafari, The Flåm Railway and The Flåm Railway Museum



#### Prices:

Adult: from NOK 190,-

Child (4-15 y.o.): from NOK 140,-

Family (2 adults 2 children): from NOK 520,-

Online sales close 35 min prior to departure. Tickets can be purchased directly on train if available.

#### Tour facts



#### Open: All days

Regular departures 10 AM and 1 PM.

Other times on request. Charter possible.

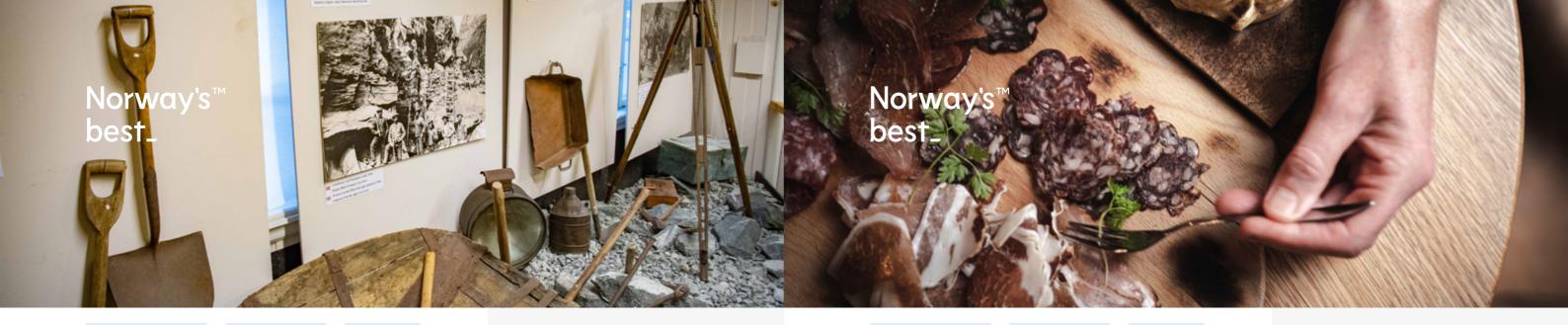
**Duration:** 45 minutes

Guiding: On board audioguide in english



#### Round trip

'Rallartoget' is a great round trip that takes you in our motorized train on the roads around the village of Flåm. The trip goes both along the fjord and a bit up in the Flåm Valley.



Culture & history

The Flåm Railway Museum

technical and legal challenges of building it.

Western Norway

Take a trip back in time and discover the history of building

the Flåm Railway, as well as the tradition and craftsmanship

The year is 1924 and construction of the Flam Railway has finally

begun, but the nearly 20 years of work ahead will not be easy. Get

to know the exciting stories behind building the Flam Railway, the

world's steepest railway. The museum gives you insights into the

hardworking people who built this masterpiece, as well as the many

behind the original penny loafer, the Aurland Shoe.

Flåm region

Aurlands

The shoe factory in Aurland is one of the few the Aurland Shoe and other leather products.

The visitor center is based on the Canadian model of 'Économusée'. The purpose of an Économusée is to promote and keep alive traditional crafts, skills and knowledge. An Économusée is not a traditional museum but designed for small-scale businesses specialized in arts and crafts who want to provide the visitors with information about the production process, skills and techniques. the Aurland Shoe and other leather products. Location: Aurland

The Aurland Shoe, as it appears today, have been in production since the mid 1930's. On its peak, 19 different shoe factories where located in Aurland, and at most nearly 100 people were employed as shoemakers. Today the Aurland Shoe Factory is the only remaining factory that still produces the traditional Aurland Shoe.

remaining shoe factories in Norway where you can experience working artisans. The factory outlet offers the possible to purchase

#### Aurland Shoe Économusée

Read more and see opening hours.

Get a taste of Norway

The culinary scene in the area is based on locally produced ingredients and devotion to culture and traditions.

Western Norway

Flåm region

#### Flåm Bakery

5 Back to main map

Flåm Bakery offers freshly-baked goods all year round. Enjoy homemade bread, pastries, sandwiches, pizza, ice cream and coffee. The combination of international expertise and local Norwegian ingredients provide excellent synergy and results in delicate homemade products. Location: Flam city centre, next to the station building. Read more and see opening hours.



#### Laksen bakeri & kafé

Situated inside the Wild Salmon Centre and sportfishing museum in Lærdal, here you will find a rich variety of freshly baked goods based on local produce. Enjoy your lunch before exploring the salmon observatory or art center in the same building, or grab a meal while you're on the road, for example to Old Lærdalsøyri or further to the popular mountain hike 'The King's road' from Kyrkjestølen to Maristova. Location: Lærdal / Read more and see opening hours.

#### Restaurant Arven

Restaurant Arven at Fretheim Hotel is the perfect place for lunch in Flam, with views of the beatiful fjord landscape. Restaurant Arven aims to give guests an amazing gourmet experience by offering a combination of the finest regional and seasonal ingredients.

Visit Restaurant Arven for a complete culinary experience or sink back into one of the comfy chairs in Fretheim Hotel's Lobby bar and unwind with your drink of choice. Location: Fretheim Hotel in Flåm city centre Read more and see opening hours.



#### Bakkastova

Explore traditional food in Flåm. At Bakkastova, our young and enthusiastic team strive to bring you simple, honest Norwegian fare. Enjoy the sun on our terrace or escape the cold and rain in front of our fireplace inside. We serve lunch, coffee and homemade cakes, reflected by our commitment to providing excellent produce, to tradition, to responsible farming and to great taste. Location: Flåm city centre Read more and see opening hours.

#### with text, pictures, sounds and objects, as well as video presentation of a journey on the Flam Railway. In front of the museum, you will find a shop with Flåm Railway logo items and souvenirs. You can for example buy books and videos about Flåm and the Flåm Railway and the shop do carry the traditional Aurland Shoe.

The Flåm Railway Museum offers an authentic El-9 locomotive, an

old electric range locomotive, several rail tricycle and exhibitions

Make sure to stop by the souvenir shop at the museum entrance. Here you will find unique Flam Railway items perfect for any train enthusiast as well as children, such as Lego-style building blocks. Location: Flåm city centre / Read more and see opening hours.

**Unique products** 



# More than 150 years of hospitality in Flåm

At the end of the 18th century, Fretheim Hotel was a large farm, which accommodated rich English lords who came to fish for salmon in the Flåm River and to enjoy the scenic landscape.

Originally, the hotel was constructed in the Swiss style, but has evolved throughout the years in line with the increase of tourists and travelers on the Oslo - Bergen Railway and more recently the Flåm Railway. Today, the hotel is an exciting building both architecturally and historically, with the distinctive, stately old part of the hotel harmonizing perfectly with the more recent part of the building built

The history of Fretheim Hotel is carefully preserved and you can still see how the hotel used to be. The old part of the hotel has been beautifully renovated, with open fireplaces and antique furniture in the lounges, library, conference rooms, and not least, all the historical guest rooms. You can walk around the corridors, discover new things at every corner, and enjoy the atmosphere of a glorious past. Fretheim Hotel became a proud member of the "Historical Hotels of Norway" in January 2012.



Fretheim Hotel has a close cooperation with local farmers and welcomes their products of high quality. The hotel is widely known for its cuisine and use of local ingredients. The area surrounding Flåm is rich in local producers of unique foods, such as the Undredal cheese, small-scale producers of top quality lamb, venison and reindeer and, not least, the organic vegetables from "Sogn Jord og Hagebruksskule", the local agricultural college.

Fretheim Hotel is located in Flåm, which is the perfect base for excursions in the unspoiled, beautiful and wild scenery of West Norway. Since we are a certificated Eco-lighthouse, we truly care about the environment, our history and traditions. Every room has a view of the fjord, a beautiful garden or towards the mountains, which guarantee a unique stay.

#### Food and beverage

Lobby bar: 24 hours reception and lobby bar, where we serve sandwiches, cakes, coffee and other cold beverages.

Breakfast is served in the restaurant between 06.30-10 AM (May -Sep) and 07.30-10 AM (Oct -Apr).

Lunch is served in the restaurant between 11.30 AM and 02 PM for prebooked groups of 10+ paying guests. You may choose between a regular 2or 3-course lunch or lunch box.

Lunch Box includes: Sandwich, fruit. and one bottle of water

Dinner is served in the restaurant from 6.30-9.30 PM (May-Sep) and 7-9 PM (Oct-Apr). Between 1 May and 30 September, we have buffet included in HB. Outside this period, we offer a 3-course set menu.



#### Historical Hotel

Fretheim Hotel is a proud member of "The Historical Hotel of Norway" and Worldwide. Fretheim is also a member of the Norwegian Eco lighthouse. We received a re-certification again in 2012. The hotel has sustainable tourism as a goal. We have reduced the use of electrical power and are recycling all garbage.

Welcome to Fretheim Hotel - Member of 'The Historical Hotels of Norway'



5 Back to main map

Western Norway

Flåm region







Open: All days

Check in: 4 PM Check out: 11 AM

Rooms: 121 + Stabbur

**Beds:** 239

Seats in restaurant: 200

See room description and conference facilities on the next page.

# Fretheim Hotel

At the end of the 18th century, Fretheim Hotel was a large farm, which accommodated rich English lords who came to fish for salmon in the Flåm River and to enjoy the scenic landscape. Today, the hotel is widely known for its cuisine and use of local ingredients.

Read more on website

**Phone:** +47 57 63 63 00

Mail: fretheimhotel@norwaysbest.com

www.norwaysbest.com/fretheim-hotel





#### Location:

In the center of Flam, in the innermost part of the Sognefjord you'll find the beautiful Fretheim Hotel, the perfect base for excursions in the unspoiled and wild scenery of West Norway.

Free outdoor parking. Charging stations for electric cars.



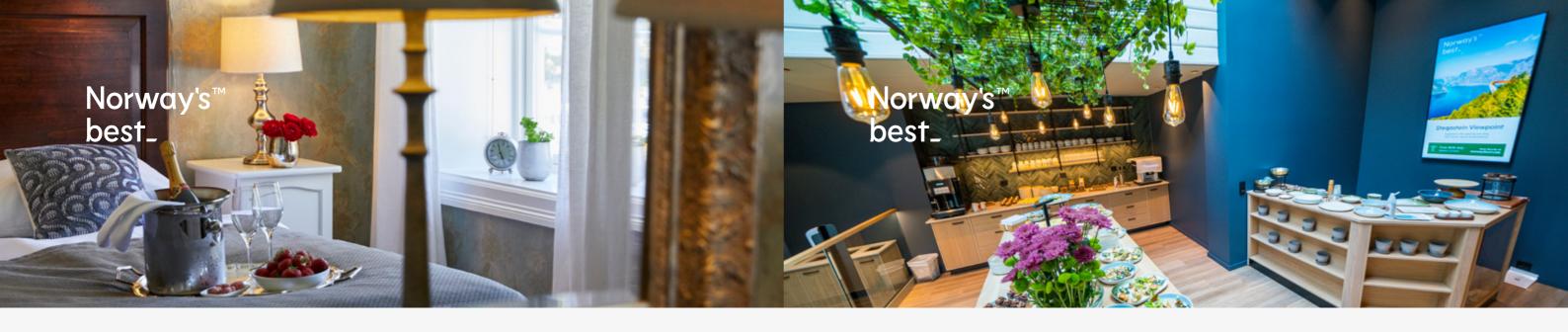
#### Prices:

From NOK 1890,- per person in double room, BB



#### Fretheim cultural walk

Behind Fretheim Hotel, you can follow a 1600-meter circular trail in the beautiful natural surroundings, facilitated with art, viewpoints and benches. Fretheim Cultural Park is open for everyone all year and admission is free of charge.



#### Room description - Millenium Wing



#### Standard single room

Standard rooms have the same design. Our single rooms are on the top floor with a bay window towards the fjord.



Standard rooms and rooms with balcony/garden exit

Our standard rooms are facing the backside or the garden.



#### **Junior Suite**

We have six Junior Suites with sofa, chairs, dining table and balcony or exit to the garden.

#### Room description - Historical part



#### **Historical rooms**

The rooms have different size, colors and style, all with antique furniture and garden view. A unique historical atmosphere, like staying in a museum.



#### **America Wing Rooms**

This part of the hotel was built when American tourists started coming to Norway, in 1960 (renovated in 2012). The rooms have balconies and carpets.



#### **Historic Tower Suite**

Our historical tower suite has two floors with a steep staircase. It has a smaller double bed, beautiful view and jacuzzi. A perfect choice for honeymooners.

	Room type	Facilities
13	Standard rooms	Mountain/backside/garden view. Twin beds, bathtub, water boiler, coffee/tea, TV
53	Standard rooms+	Balcony/garden exit. Twin beds, bathtub, water boiler, coffee/tea, TV.
13	Single rooms	Queen-size bed, bathtub, water boiler, coffee/tea, TV
6	Junior suites	Double bed, bathtub, coffee machine, TV, sofa and chairs
1	Historical Tower Suite	Double bed, Jacuzzi, sofa and chairs, radio. coffee machine
17	Historic Rooms	Twin beds, antique furniture's, bathtub, radio, coffee machine. No TV.
12	American Wing rooms	Double bed, shower, coffee machine, TV
2	Handicap rooms	Double bed, shower, water boiler, coffee/tea, TV
3	Family rooms	Twin beds and bunk bed, bathtub, water boiler, coffee/tea, TV
1	Stabbur	Storehouse/Cottage. 4 rooms with single beds, 1 room with twin bed, 1 shared bathroom with shower, water boiler, coffee/tea.

# Meetings & Conferences

Although the history of the Fretheim Hotel dates back to the 19th century, we now offer the newest and most modern conference facility in the area. Flåms' central location in the middle of Vestland countymakes it a perfect gathering place!

#### Green Conferences

In 2018, Fretheim Hotel was certified as a provider of Green Conference through the Eco-Lighthouse Foundation (Miljøfyrtårn). The goal is to reduce the climate and environmental impact in connection with events. Recycling, sustainable food and emission-free transport are important criteria. If your company is, or can document that it is working to become, environmentally certified, a conference with us can be verified as a «Green Conference».

#### Technical Equipment

• Free Wi-Fi • Microphones

Projectors

• Loudspeakers with Hi-Fi quality

Mobile TV

High-End stereo- and program of lights

Laptop

• Touch panel: light/sound/curtains/projector

DVD player

· Possibility for video conference

#### Why choose Fretheim Hotel?



New & modern conference facility, centrally located with easy access



Hybrid transportation and transport on rails



'Eco-Lighthouse' certified and provider of 'Green Conference'



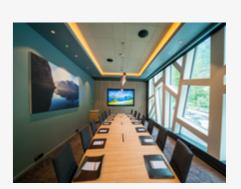
Proud member of 'De Historiske Hotel & Spisesteder'



World-class food based on organic products from local producers



Fantastic nature experiences right outside the door



Meeting Room	Size	U-Table	School	Group	Cinema	Board	Banquet	Flooring
Fretheim 1	85 m <sup>2</sup>	24	40	32	70	16	32	Parquet
Fretheim 2	74 m <sup>2</sup>	28	56	32	70	24	32	Parquet
Fretheim 1+2	155 m <sup>2</sup>	80	120	80	180	-	80	Parquet
Blåskavlen 1	71 m <sup>2</sup>	30	50	32	75	24	24	Parquet
Blåskavlen 2	73 m <sup>2</sup>	30	50	32	75	30	24	Parquet
Storsal 1+2	148 m²	60	110	70	160	-	60	Parquet
Rimstigen	36 m <sup>2</sup>	-	-	-	-	16	-	Parquet
Bakkanosi & Tarven	11 m <sup>2</sup>	-	-	-	-	6	-	Parquet
120, 220, 320	25 m <sup>2</sup>	-	-	-	-	9	-	Carpet



# Food philosophy

Good food and drinks are important parts of a successful stay. 'Norwegian', 'locally produced' and 'in season' are the basics of Fretheim Hotel's food concept. You will not only get a tasty meal. Cultural history is a part of the package, and you are participating to local economic growth just by dining.

Our menus are seasonal and based on traditions with a modern touch, prepared with first-class ingredients that are as short-distance as possible. - We believe that it is more sustainable to offer hand-picked blueberries from a local farmer, than organic blueberries which must be shipped in from California, says Head Chef Bjarte Finne.

It is not only the food that is locally produced.

Juice and cider from the Sognefjord and the Hardangerfjord have become popular. Beer brewing has long traditions in Western Norway and we serve beer from the local brewery in Flåm.





#### Short travelled

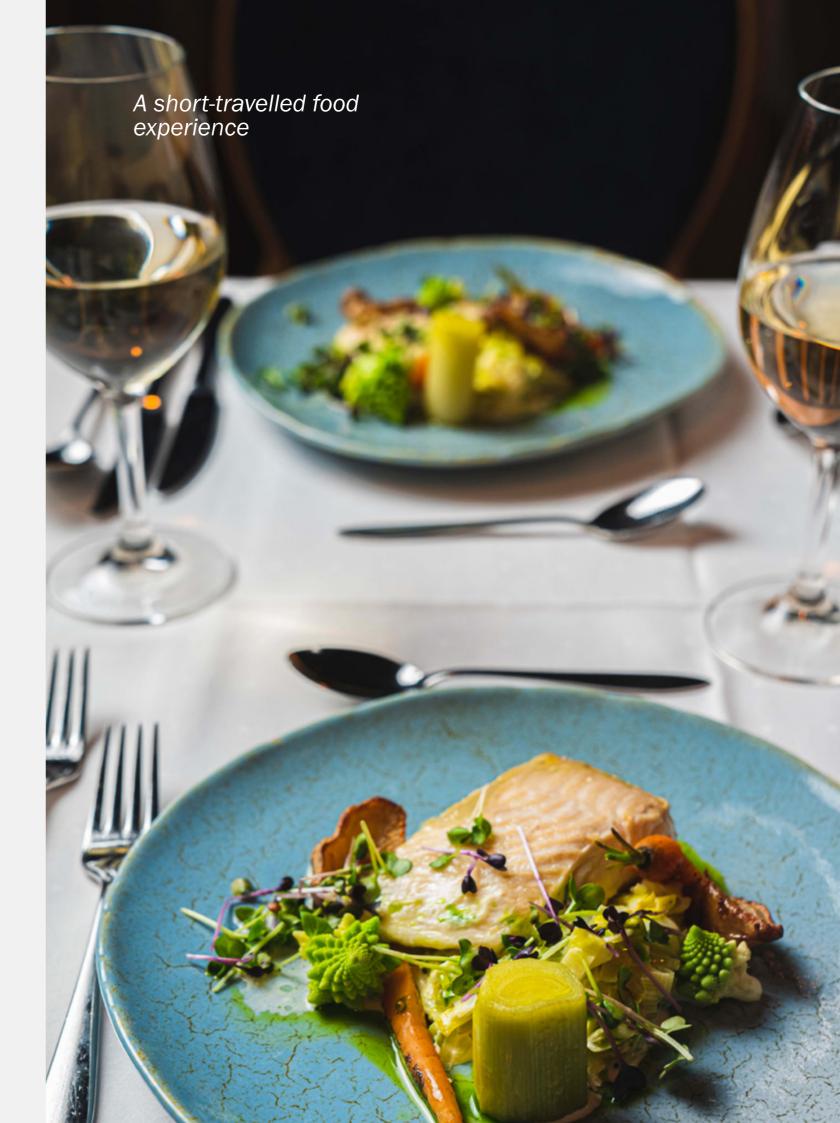
'Short travelled' is one of the basic principles in our food philosophy. Both sustainability and animal welfare is central, and we work closely with a number of local producers who share our values. Try goat cheese from Undredal, cured meats from Haugen Gardsmat, fresh vegetables from Sogn, berries from Lærdal and meat from Tveite Gard. We are part of the network Smak av Kysten (Taste of the coast) and among other things, we get halibut from a land-based fish farm by the Sognefjord and shellfish from the coast outside Bergen.

We want to contribute to a vibrant local culture and biological diversity in the world heritage area. When we support local producers, they can focus on operating on a scale appropriate to the area.

#### Produce in season

We base our menus on the season and traditional cooking methods. Autumn is the time for mountain-grazed lambs, game, root vegetables, and apples. Perfect for chilly evenings! In winter, fish and shellfish are at their best, accompanied by root vegetables. Food was traditionally cured, smoked and canned to last through winter, methods you will find on our menu.

In spring, life starts to germinate and grow. Spring vegetables, such as asparagus and fresh herbs, are central. Summer is time for fresh vegetables, berries and fruits here by the fjord.





Western Norway

Flåm region

# Hotel Aurlandsfjord

Hotel Aurlandsfjord with its relaxed atmosphere, is the perfect hub while experiencing the Flam region attractions. Only 6-minute walk from the fjord hotel to the pier embarking Fjord Cruise Nærøyfjord. Short walk to bus stops connecting Stegastein Viewpoint and The Flam Railway.

Read more on website

**Phone:** +47 948 62 100

Mail: hotelaurlandsfjord@norwaysbest.com

norwaysbest.com/accommodation--restaurants/hotel-aurlandsfjord





Bjørgavegen 1, 5745 Aurland

Free outdoor parking. Charging stations for electric cars.



#### Prices:

From NOK 2290,- per person in double/twin room



Open: All days

Check-in: From 4 PM Check-out: 11 AM

Rooms: 30

See next page for room categories

**Other:** All overnight stays include breakfast (07-10 AM)



#### Food concept

Hotel Aurlandsfjord aims to provide pure tastes from foreign countries and Norway, based on local produce. The restaurant/outside terrace is open to all for lunch and dinner from 3PM-9PM.

	Room type	Facilities
10	Deluxe twin room w/ balcony or exit garden	2 x 90 cm bed, table, chair, wardrobe, coffee/tea facilities. Bathroom w/shower. Balcony or exit to garden.
7	Deluxe twin	2 x 90 cm bed, table, chair, wardrobe, coffee/tea facilities. Bathroom w/shower.
2	Deluxe single room w/ balcony	2 x 90 cm bed + extra bed when needed. Table, chair, wardrobe, coffee/tea facilities. Bathroom w/shower or bathtub.
6	Deluxe family room	2 x 90 cm bed, sofa bed, table, chairs, wardrobe, coffee/tea facilities. Bathroom w/shower or bathtub.
1	Junior suite	Junior suite w/balcony, 180 cm bed, table, chairs, wardrobe, coffee/tea facilities. Bathroom w/shower. Balcony.
4	Deluxe double room w/balcony	Double room w/balcony. bed, table, chair, wardrobe, coffee/tea facilities.  Bathroom w/shower, Balcony.







#### Room description

Hotel Aurlandsfjord offers a total of 30 rooms in various categories, all with beautiful views of the fjord and/or mountains. The fjord hotel has had a total renovation of all rooms, the lobby/reception, restaurant/winter garden terrace and outdoor area.





Western Norway

Flåm region

5 Back to main map

Western Norway

Flåm region

# Heimly Guesthouse

Heimly is a delightful guesthouse, situated by the Aurlandsfjord, only 500 metres from the famous Flåm Railway and the centre of Flåm village. A retreat from the crowds with a peaceful garden, lounge and panoramic dining room.

Read more on website

**Phone:** +47 57 63 23 00 **Mail:** heimly@norwaysbest.com

norwaysbest.com/accommodation--restaurants/heimly-guesthouse



. . Location:

Flåm

Free outdoor parking.



Prices:

From NOK 2690,- per person

All guests in Heimly have breakfast and a 3-course set menu included in their price.



Open: All days

Rooms: 22

**Breakfast and dinner: Included** 

Other: Free outdoor parking.



#### The rooms

The rooms were renovated in 2018 and many of them have beautiful views of the fjord and the majestic surrounding scenery.

All rooms have private bathroom with shower and toilet.

## Vatnahalsen Hotel

In the heartland of Norwegian natural and cultural heritage. Since 1896, Vatnahalsen is an all–year destination off ering a charming atmosphere, a comfortable bed, a hearty meal and a hospitable host.

Read more on website

www.norwaysbest.com/accommodation-restaurants/vatnahalsen-hotel



#### .... Location:

#### Vatnahalsen

During the winter, Vatnahalsen Hotel can only be reached by train from either Flåm or Myrdal.

From mid-May-September you can also access the hotel by foot or bicycle via the Rallar Road.



Prices:

One night: from NOK 1500,-



Open: All days

Rooms: 40 (75 beds total)

7 single rooms. Some double rooms can accomodate extra beds. From June-September we offer extra rooms in the annex, 150 m from the hotel.

**Restaurant:** Breakfast, lunch and 3-course dinner



#### **Facilities**

Sauna

Conferance room

2 lounges

Restaurant



Western Norway

Flåm region

# Find inspiration and combine our most popular products in Western Norway

To make your planning easier, we have carefully selected and combined some of our most popular activities into various packages. The packages combine products that can be booked separately in our booking system. Contact sales@norwaysbest.com for further information

See all packages for inspiration

www.norwaysbest.com/packages



#### Flåm Railway, Flåm Zipline & Cycling

Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec

Experience an action-packed day in Flåm valley on one of our most popular round trips!

Return trip on the Flåm Railway, with fixed departures to/from Flåm.



# Flam Railway & Fjord Cruise Nærøyfjord

Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec

Combine two of our finest and most spectacular attractions in the heart of fjord Norway.

Fjord Cruise Nærøyfjord and The Flåm Railway

## Norway's™ best\_



# Nærøyfjord Round Trip – Bus and Boat



Enjoy the fjord cruise one way. The round trip with boat and bus has multiple departures every day.

Fjord Cruise Nærøyfjord and bus (Flåm-Gudvangen).



#### Rallar Package



Enjoy an active weekend, cycling from the high mountains at Finse to the fjord in Flåm with historic accommodation in beautiful surroundings.

2 nights at Fretheim Hotel w. breakfast and dinner, as well as self-made lunch package and "After-bike" with locally-brewed beer and salt-cured meat on day two.



# Exclusive mountain & fjord holidays in Flåm

Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec

Explore the heart of the wild landscape in the fjords of Norway in this exclusive package.

2 nights at Fretheim Hotel w. breakfast, the Flåm Railway (return), Fjord Cruise Nærøyfjord (return), Dinner in Restaurant Arven



# Exclusive fjord holidays in Aurland

Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec

Discover some of the most wonderful attractions Aurland has to offer in a laid-back style.

2 nights at Hotel Aurlandsfjord w. dinner, Fjord Cruise Nærøyfjord (return), Stegastein Viewpoint 'Sunset trip'.

## Norway's" best\_



## Hiking package Aurland

Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec

Aurland municipality has a concentrated and unique combination of fj ords and mountain hiking routes with different levels of difficulty.

2 nights at Fretheim Hotel w. breakfast, packed lunch, refreshments at the end of the trip and 3-course dinner.



# Romantic Package at Fretheim Hotel

Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec

Sit back and enjoy delicious food, excellent service and accommodation in historical surroundings.

Champagne in the room, 5-course dinner, one night in the Tower Suite or Junior Suite with breakfast, bathrobe and slippers.



#### Fretheim Hotel & Sauna

Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec

Combine a stay in one of the upgraded rooms at historic Fretheim Hotel with a revitalizing visit to Fjord Sauna on the Aurlandsfjord.

1 night at Fretheim Hotel, including dinner and breakfast, bathrobes, extra towels, and coffee/tea in the lobby bar afterward.



#### Nærøyfjord Sightseeing & Viking Valley

Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec

Experience the UNESCO-listed Nærøyfjord and meet the Vikings in the Viking Valley Njardarheimr.

Fjord Cruise Nærøyfjord (Flåm-Gudvangen), Viking Valley Njardarheimr and Shuttle bus back to Flåm.



# Myrkdalen Mountain Resort

Ålesund Urnes Stave Church Øvre Årdal Balestrand 9 Sogndal Kaupanger Leikanger Manheller Vangsnes Fodnes Bergen → Oslo/Lillehammer Lærdal Sognefjord Myrkdalen Mountain Resort Undredal Vinje Road Aurland Fjord Cruise Gudvanger

#### $\protect\ensuremath{\mbox{\ensuremath{\ensuremath{\mbox{\ensuremath{\mbox{\ensuremath{\mbox{\ensuremath{\mbox{\ensuremath{\mbox{\ensuremath}\ensurem$

Oslo - Bergen 50min

Trondheim - Bergen 1h

Narvik - Bergen w. transfer 2-3h

#### $\stackrel{\textstyle \longleftarrow}{\Longrightarrow}$ Travel time by car

Bergen - Myrkdalen 130 km | 2h
Oslo - Myrkdalen 364 km | 5,5h
Voss - Myrkdalen 35 km | 45 min
Myrkdalen - Flåm 54,6 km | 1h

Tolls and ferries might apply

#### Travel time by train

Oslo - Voss 5,5h

Bergen - Voss 1h 10min

Flåm - Myrdal - Voss 4h

5 Back to main map

Western Norway

# About Myrkdalen Mountain Resort

Myrkdalen is a great starting point for your active holiday. Ski resort during the winter, hiking trails right outside the door during summer. Easy access to the fjords, UNESCO sites and thrilling adventures all year round.

#### Read more on website

www.myrkdalen.no/e



Snow sure Myrkdalen is one of the largest ski resorts in Western Norway, blissfully uncrowded with family-friendly ski areas, slopes with all levels of difficulty, terrain parks, ski cross slopes and great off-piste terrain for the adventurous.

The summer holiday in Myrkdalen offers a variety of activities for all ages. Take our summer chairlift to the top and go hiking with magnificent views. Have fun in our pumptrack and the bike tracks around the hotel. Hire an e-bike and go biking in high mountain terrain or enjoy life on a family-friendly fishing tour.

#### Product overview

- Ski School
- 2 Sledding
- 3 Guided Snowshoe Hike
- 4 Dog Sledding
- 5 Ice Fishing
- 6 Horse Sleigh Rides
- 7 Afternoon Tea
- Nuten Fondue
- Summer Chair Lift
- 10 Guided E-bike Tour
- 11 Guided Fishing Trip
- Accommodation
- Packages inspiration in Myrkdalen
- Map overview: Myrkdalen
  Mountain Resort



LEN

Myrkdalen

5 Back to main map

Western Norway

Myrkdalen

Tour facts



Open: Every day during the ski season

**Duration:** From 100 minutes

Other: There are two sport shops in Myrkdalen if you need to buy good active holiday

winter clothing or equipment for your



#### Ski Rental

Are you planning a ski holiday in Voss and need to rent ski equipment? Myrkdalen Ski Rental offers a broad range of equipment for alpine skiing, snowboard, ski touring and cross country.

Find us in Torggarden, the apartment building vis-à-vis Myrkdalen Hotel.

www.myrkdalen.no/en/ski-rental

Preliminary

# Ski School

Have you never been skiing before, or do you want to fine tune your technique? Myrkdalen Ski School offers private and group lessons at all levels in alpine skiing, snowboard and cross country skiing.

www.myrkdalen.no/en/private-lesson-alpine



..... Location:

Myrkdalen Mountain Resort, Voss



Prices:

#### **Private lesson Adult Snowboard/Alpine:**

From NOK 1490,- (extra person from NOK 450,-)

#### Private lesson Child (0-6 years):

50 minutes from NOK 915,- (extra person from NOK 370,-)

#### Group lesson (2-5 days):

From NOK 935.-

Preliminary

# Sledding

5 Back to main map

Great fun for the entire family! Join us for an exciting trip with a snow racer from the top of the chairlift, Myrkdalsekspressen! From the top we will enjoy the empty slopes down to Myrkdalen Hotel.

Western Norway

Read more on website

www.myrkdalen.no/en/sledding



Location:

Myrkdalen Mountain Resort, Voss



Price:

Per person: from NOK 385,-

Family (2 adult & 3 children): from NOK 1155,-

#### Tour facts



Open: Every day during the ski season when the conditions are good

**Duration:** Approx 1 hour

Other: Helmet and good winter clothing is required



#### About the activity

We will meet at the square and take the last lift up to 860 m.a.s.l. From the top we will enjoy the empty slopes down to Myrkdalen Hotel. Hot drink will be served.

This activity is suitable for the whole family, but please note that children under 10 years must be accompanied with an adult. Guide, hot drink and sledge is included in the price.

If you don't have a lift pass, you can buy a single trip with the chairlift.





Western Norway

Myrkdalen

Part of Norway's" best\_

5 Back to main map

Western Norway

Myrkdalen

Part of Norway's best\_

Preliminary

# Guided Snowshoe Hike to the Wilderness Camp

join us on an idyllic snowshoe hike through the snow-covered landscape in Myrkdalen. We'll strap on our snowshoes and head to the wilderness camp in Årmotslia, where a lavvu awaits our arrival.

Read more on website

https://www.myrkdalen.no/en/book/to-do/2445466guided-snowshoe



..... Location:

Myrkdalen Mountain Resort, Voss

Meeting point: At the square outside Myrkdalsstovo, 1st floor



Price:

**Group tour:** from NOK *na* **Private group tour:** from NOK *na* 

#### Tour facts



Open: All days

**Duration:** 2 hours

**Other:** General fitness, but no snowshoe experience is required. Warm clothing is highly recomended.



#### Practical information

The tour proceeds at a leisurely pace and is suitable for most people. If you desire additional customization, you can also book a private group tour where the pace and the route are tailored to the group.

Rental of equipment included.

#### Preliminary

# Dog Sledding

Enjoy the stunning winter landscape on a unique dog sledding tour! Control your own dog sled in the stunning winter terrain next to Myrkdalsvatnet lake. This is a wonderful activity, which suits everyone.

Read more on website

www.myrkdalen.no/en/dog-sledding-tour



Location:

Myrkdalen Mountain Resort, Voss



Prices:

Adult: from NOK 830,-

Children (4-12 years): from NOK 620,-

Children (0-3 years): Free of charge

#### Tour facts



**Open:** Available on specific dates, and upon request for groups over 10 people

**Duration:** Approx. 1 hour

**Other:** Dress in good winter clothing and winter boots



#### About the activity

Meeting point is Myrkdalen Camping, 4 km from Myrkdalen Mountain Resort. Meet 10 minutes before the activity starts.

The tour takes approx. 30 minutes, including preparation time. After the dog sledding we will enjoy a hot drink around the bonfire.

This activity is suitable for the whole family. We recommend that small children sit on parent's laps.



Ice Fishing

www.myrkdalen.no/en/ice-fishing

Preliminary

Western Norway

Join a local fishing guide for ice fishing on a lake near the

resort. Most lakes in our region are frozen during winter, but

that does not mean that the fish have vanished! We will get

under the thick layer of ice by drilling a hole.

Myrkdalen

Tour facts



Open: Available on specific dates, and upon request for groups

**Duration:** 4 hours

Other: Meet by Smalahovetunet, 20

#### About the activity

Drive to Lønavatnet Lake, about 20 km from Myrkdalen Mountain Resort in direction Voss. At Smalahovetunet you will meet the guide, Ingvild Aurdal. She has all the equipment you need for the day, and will give you an introduction to ice fishing and tips

Wear warm and water proof clothing food and drink.

km from Myrkdalen Mountain Resort

throughout the day.

for a long winter day. Bring your own

Please note: This activity can be cancelled if the ice is not safe.

Preliminary

5 Back to main map

# Horse Sleigh Rides

Enjoy a 20 minute sleigh ride in the beautiful winter landscape in Myrkdalen. You wil be picked up in front of Myrkdalen Hotel. Remember to dress well for a cold winter evening.

Western Norway

Myrkdalen

Read more on website

www.myrkdalen.no/en/horse-sleigh-rides



...... Location:

Myrkdalen Mountain Resort, Voss



Prices:

Adult: from NOK na

Children (4-12 years): from NOK na

Children (0-4 years): Free of charge

#### Tour facts



Open: Available spesific dates, and upon request for groups

**Duration:** 20 minutes

Other: Dress in good winter clothing and winter boots



#### About the activity

A horse sleigh ride suits everybody, from couples, friends to families. The smallest children can sit on their parent's laps.

Depatures from 6 pm. Meet outside Myrkdalen Hotel 5 minutes before your activity starts.

Enjoy the tranquility and evening mood in the mountains.



..... Location:

Myrkdalen Mountain Resort, Voss



Prices:

Adult: from NOK na

Children (4-12 years): from NOK na

Children (0-3 years): Free of charge



Western Norway

Myrkdalen

Part of Norway's best\_

5 Back to main map

Western Norway

Myrkdalen

ort of lorway's™ est\_

Preliminary

# Afternoon Tea

This British tradition, originating from the 19th century, is brought to Myrkdalen where our skilled chefs dish up home-made scones, delicate sandwiches, delicious sweets and of course - lots of good tea.

Read more on website

www.myrkdalen.no/en/afternoon-tea



..... Location:

Myrkdalen Mountain Resort, Voss

 $\triangle$ 

Prices:

From NOK *na* per person

#### Facts



Open: Available all year round

**Duration:** 1 - 2 hours

Other: Book a day in advance



#### Treat yourself

Enjoy good food and company. With our afternoon tea there will be lots of clinking in old porcelain while indulging yourself in a little everyday luxury.

If you want to treat yourself to something extra, champagne is of course on the keel. Your clothing is up to you. Wear casual clothes or dress up for a party. This afternoon is yours!

#### Preliminary

# Nuten Fondue

Nuten Fondue in Myrkdalen Hotel offers a delighful dining experience for you and your friends! You will be served both cheese and meat fondue with side dishes.

Read more on website

https://www.myrkdalen.no/en/book/to-do/2042037/fondue



. . Location:

Myrkdalen Mountain Resort, Voss



Price:

From NOK na per person

#### Tour facts



Open: All year round

Other: Available from 6 PM



#### Myrkdalen Hotel

Modern Myrkdalen Hotel is in the middle of a mighty mountain landscape between the extreme sports capital, Voss and fantastic fjord adventures in Flåm. Endless possibilities awaits you, whether you are looking for an exciting family holiday or seeking to find peace in the majestic nature of Western Norway.



Western Norway

Myrkdalen

Part of Norway's" best\_

5 Back to main map

Western Norway

Myrkdalen

art of Norway's™ sest\_

Preliminary

# Summer Chairlift

The chairlift right next to Myrkdalen Hotel will take you to 860 m.a.s.l in only five minutes. At the top you have a magnificent view and this is a great starting point for hiking to mountain tops and summer farms.

Read more on website

www.myrkdalen.no/en/hiking



**Location:** 

Myrkdalen Mountain Resort, Voss

Prices:

Adult: from NOK na

Children (7-17 years): from NOK na

**Children (0-6 years):** Free of charge **Seniors (65+ years):** from NOK *na* 

Tour facts

Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec

Open: Every day July 1st - Aug 20th

**Duration:** Approx. 5 minutes

Other: Tip: visit Fjellstova Vetlebotn



#### Hiking tips

**Trail Quiz:** For families with children we recommend the fun trail quiz on the track back to Myrkdalen Hotel.

**Finnbunuten (1358 m.a.s.l.):** This is a more demanding hike, which on clear days offer great views of glaciers such as Hardangerjøkulen, Jostedalsbreen and Folgefonna.

**Mørkvesstølen:** A walk to this idyllic mountain farm offers a refreshing swim in the river along the track.

Preliminary

# Guided E-bike Tour

During the whole summer you can join a half day e-bike tour on the gravel roads around Myrkdalen and at Vikafjellet mountain plateau. Feel the power from an e-bike and enjoy the nature with good friends and family!

Read more on website

www.myrkdalen.no/en/biking



Location:

Myrkdalen Mountain Resort, Voss

Prices:

Group (up to 8 people): From NOK na

Tour facts

Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov [

Open: Available all days

**Duration:** 3 hours

**Other:** It is possible to rent bikes at Myrkdalen Sport & Rental



#### Biking in Myrkdalen

Right outside Myrkdalen Hotel you'll find a 850 square metre pumptrack made in asphalt.

We also have a purpose built bike track with 3 short loops; 2 green and 1 blue. The track suits beginners and children, but there are also elements for more experienced bikers.

The pumptrack and bike track is open every day during summer, and is free of charge to use for everyone!



Western Norway

Myrkdalen

Part of Norway's" best\_

Preliminary

# Guided Fishing Trip

This is a family friendly activity and we will adjust the trip to the weather conditions and group size. We have a variety of locations ranging from fishing from a boat in a lake to fishing in a tarn in high mountain terrain.

Read more on website

www.myrkdalen.no/en/guided-fishing-tours



. . Location:

Myrkdalen Mountain Resort, Voss



Prices:

Adult: from NOK na

Children (4-12 years): from NOK na

Children (0-3 years): Free of charge

Family (2 adult & up to 3 children): from NOK na

#### Facts

Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov De

Available: Available all days

**Duration:** 3,5 hours

Other:



#### About the activity

We start the day by driving to a selected fishing tarn (5 - 25 minute drive). We will find a nice location next to the lake where we'll set camp and fish for trout using fishing rods.

We'll finish the tour by preparing and cooking the fish we have caught, either on an open fire or on a camping stove.





Western Norway

Myrkdalen

Myrkdalen Hotel

Myrkdalen Hotel is truly something out of the ordinary. Surrounded by beautiful nature, a holiday here offers spectacular experiences, opportunities around every corner and meals made by local produce - all year.

When you stay in Myrkdalen, the possibilities stretch as far as the eye can see - whether you are looking for an exciting holiday with your family, a getaway with friends or simply to be enveloped by the tranquillity of majestic nature.

Read more on website

**Phone:** +47 47 47 16 00 Mail: post@myrkdalenhotel.no

https://www.myrkdalen.no/en/myrkdalen-hotel-0



...... Location:

Myrkdalen Hotel is located in the heart of Fjord Norway, only two hours from Bergen International Airport

Price:

Per person: From NOK 1890,- in a doubleroom incl. breakfast



Open: All days

Check in: 4 PM Check out: 11 AM

Rooms: 111 / Beds: 339 Seats in restaurants: 325 Nuten a la carte: 175 / Fondue: 50 / Tunet pizza & pasta: 100



#### Dining

Good food and beverage is an important part of our hotel - here you can choose between three different restaurants serving a là carte, fondue or pizza & pasta.

Hot tip: We also serve great food at our café based at the middle of the ski resort: Fiellstova Vetlebotn

myrkdalen.no/en/food-and-drink

#### Room description

All rooms are of international standard with beautiful color schemes and exquisite detailing. All rooms have a flat screen TV, desk, chair and bathroom with WC, shower and hair dryer.



Standard Double Room: 28 Room with a double bed or twin beds. 2 PAX.



Family Superior Room: 22 Large family room, w. balcony. Extra bed possible. 4 PAX.



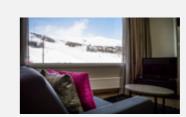
**Junior Suites: 6** Room with double bed, sleeper sofa and possibility for an extra bed. Balcony. 4 PAX.



Family Room: 43 Room with a double bed or twin beds and a sleeper sofa. 3 PAX.



**Superior Room: 5** Large standard room with twin beds and a balcony. 2 PAX.



Suites: 7 Different types of suites with one or two bedrooms and a balcony. A few with bath tub. Fits up to 9 people.

#### Why Choose Myrkdalen Hotel

- Modern mountain resort with activities all year round
- Ski in ski out during the winter season
- Hiking & biking right outside during the summer season
- Short distance to great fjord experiences
- Tasty food made of clean, locally produced ingredients



#### Meetings & Conferences

Myrkdalen Hotel is a perfect venue to combine a conference with nature- based activities. We can offer a large modern conference hall, or two medium sized, and three smaller meeting rooms with flexible solutions.

#### **Capacity conference hall:**

170 people cinema- style seating / 110 people classrom-style seating







# Find inspiration and combine our most popular products in Myrkdalen

To make your planning easier, we have carefully selected and combined some of our most popular activities into various packages. The packages combine products that can be booked separately in our booking system.

Contact sales@norwaysbest.com for further information

See all packages for inspiration

https://www.myrkdalen.no/en/offers



#### One Week Skiing Holiday

Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec

Treat yourself to a week of varied downhill skiing in playful ski terrain and accomodation at Myrkdalen Hotel in Western Norway.

7 nights at Myrkdalen Hotel w. breakfast, 3-course dinner and ski pass for 5 days



#### Special Midweek Offer

Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec

A perfect package to combine with other activities during your Norwegian winter holiday! Myrkdalen Hotel has ski in - ski out access to the ski resort.

> 1 night at Myrkdalen Hotel w. breakfast and a 2-day ski pass



#### The Perfect Ski Weekend



Get ready for an unforgettable 3-day adventure, packed with exhilarating ski runs, delicious meals, and a cozy retreat at Myrkdalen Hotel.

3 Day ski package including accommodation, breakfast, dinner and skipass

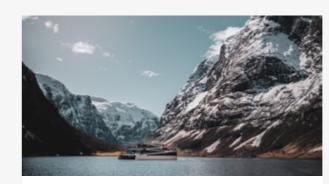


#### A Magical Snow & Fjord Experience



Discover the heart of Fjord Norway's stunning winter landscape on a holiday to Myrkdalen and Flåm.

2 nights at Myrkdalen Hotel, incl. breakfast and discounts on lift pass and ski rental, 2 nights at Fretheim Hotel in Flåm, incl. breakfast

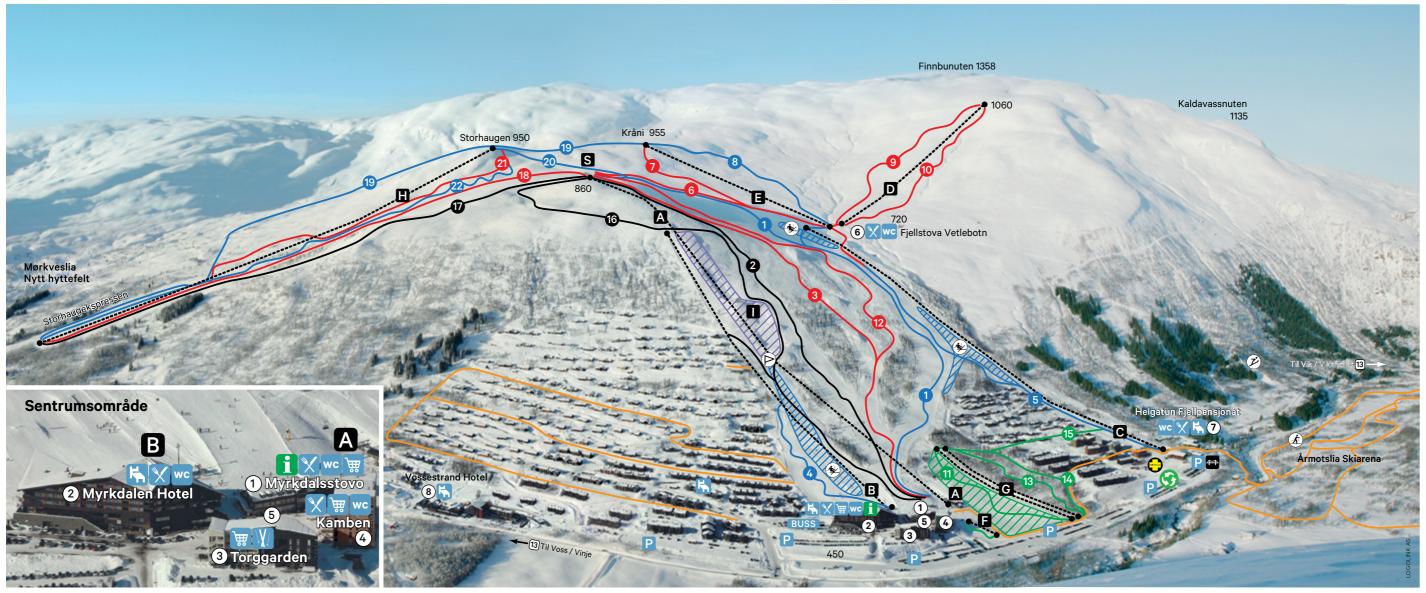


#### From Mountains to Fjords

Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec

This fantastic package includes transportation from Myrkdalen to Gudvangen, an all electric boat tour on the UNESCO listed Nærøyfjord traveling to Flåm.

Bus, Fjord Cruise & Train Flåmsbana included.



	LØYPER / SLOPES	LENGD LENGTH	HØGD HEIGHT
1	Myrkdalsløypo	2000 m	400 m
2	Bygardsløypo	1500 m	400 m
3	Strandaløypo	1600 m	400 m
4	Landsbybakken	300 m	60 m
5	Helgatunløypo	1500 m	275 m
6	Botnaløypo	800 m	210 m
7	Kråniløypo	1100 m	240 m
8	Fessarholeløypo	1200 m	240 m
9	Finnbuløypo	1400 m	340 m
10	Kari Traa-løypo	1350 m	340 m
1	Badnabakken	300 m	45 m
12	Myrkdalscrossen	2200 m	400 m

Svært lett	Very easy
Lett	Easy
Middels	Medium
Krevande	Difficult
Turløype / Transport 🛑	Cross Country / Transfer

	LØYPER / SLOPES	LENGD LENGTH	HØGD HEIGHT
13	Huldreskogen	400 m	45 m
14	Skogscrossen	500 m	45 m
15	Transporten	400 m	20 m
<b>16</b>	Leinevegen	1800 m	400 m
•	Ondrahaugen	1200 m	350 m
18	Overland	1500 m	350 m
19	Hyrtamyra	2800 m	440 m
20	Skaret	800 m	150 m
21	Storhaugen	1800 m	440 m
22	Storhaugcrossen	2800 m	440 m
<b>③</b>	Terrengpark		
$\bigcirc$	Start self timer		

SKIPATRULJE / SKI PATROL I opningstida / During opening hours (+47) 41 51 80 02

**Resepsjon / Reception** (+47) 47 47 16 00

HE	ISAR OG TREKK / LIFTS	TYPE	LENGD LENGTH	TYPE
Α	Myrkdalsekspressen	6 setar stolheis	1500 m	Chair lift 6 pers
В	Landsbytrekket	Tallerkentrekk	1000 m	Disc lift
С	Helgatuntrekket	T-krok	1500 m	T-bar lift
D	Kari Traa-trekket	T-krok	1350 m	T-bar lift
Ε	Kråni-trekket	T-krok	1050 m	T-bar lift
F	Badnabandet	Skiband	50 m	Magic carpet
G	Mikkel og Mikkeline	Tallerkentrekk	300 m	Disc lift
Н	Storhaugekspressen	6 setar stolheis	1650 m	Chair lift

#### ANDRE ANLEGG / OTHER

	0 0	Parking and ski bridge to groomed cross country tracks
Æ	0 0	Groomed cross country skiing tracks / 5 km flood light
1	Freestyle arenaområde	Freestyle skiing arena
S	Skredsøkjarbane	Avalanche tranceivers training area
(Z)	Hoppbakke	Ski jumping hill

#### FASILITETAR / SERVERING / BUTIKK

1 Myrkdalsstovo
1. etg: Billettkontor & velkomstsenter
1. etg: Landhandleri & kafé
1. etg: Skiskule
2. etg: Kafé

(2) Myrkdalen Hotel Tunet Pizzeria Restaurant Nuten & Nuten Fondue Salto Lobby Bar Pudder Kafé & Afterski

Torggarden Sport1 Myrkdalen Skiutleige

(4) Kamben Kamben Kafé & Bar Myrkdalen BrandStore

5 Torget

6 Fjellstova Vetlebotn

7 Helgatun Fjellpensjonat & kafé

8 Vossestrand Hotel

Skipatrulje

Miljøstasjon

#### FACILITIES / DINING / SHOPS

Myrkdalsstovo
Main Ticket Office & Welcome Centre
Small Grocery Store
Café: Ground Floor & 1st Floor
Ski School

(2) Myrkdalen Hotel
Tunet Pizzeria
Restaurant Nuten & Nuten Fondue
Salto Lobby Bar
Pudder Café & Après Ski

(3) Torggarden Sport1 Myrkdalen - Sport Shop Ski Rental

(4) Kamben Kamben Café & Bar Myrkdalen BrandStore - Sport Shop

5 The Square

6 Fjellstova Vetlebotn - Café

7 Helgatun Fjellpensjonat & Café

8 Vossestrand Hotel

Ski Patrol

Recycling Station

# Norway's™ best\_ Voss region

Ålesund • --- Urnes Stave Church Solvorn Øvre Årdal Balestrand • Sogndal Kaupanger Leikanger Manheller Vangsnes Fodnes Bergen → Oslo/Lillehammer Lærdal Sognefjord Rv13 Myrkdalen Mountain Resort Undredal Vinje Road Aurland Fjord Cruise Gudvangen

#### Travel time by airplane

Oslo - Bergen 50min

Trondheim - Bergen 1h

Narvik - Bergen w. transfer 2-3h

#### 🚔 Travel time by car

 Bergen - Voss
 120 km | 2h

 Oslo - Voss
 372 km | 6h

 Voss - Myrkdalen
 35 km | 45 min

 Voss - Flåm
 72 km | 1h 20min

Tolls and ferries might apply

#### Travel time by train

Oslo - Voss 5,5h

Bergen - Voss 1h 10min

Flåm - Myrdal - Voss 4h

5 Back to main map

Western Norway

# **About Voss region**

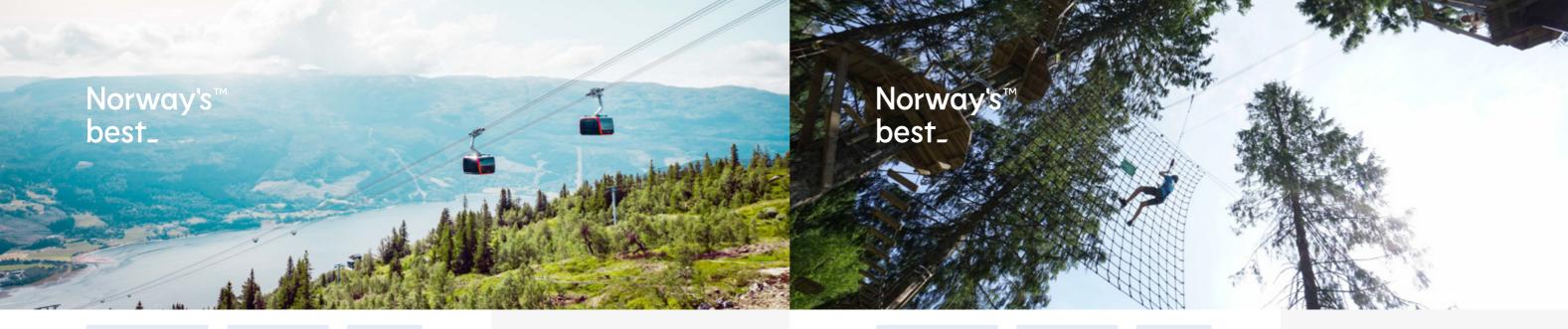
Voss is a perfect place for action and activities that the whole family can enjoy. Feel the adrenaline rush on board a rafting boat on the river, get up high in the treetops or take a relaxing tour with the gondola to discover amazin adventures in the mountain.



You can easily access Voss by train from both Oslo and Bergen, the two largest cities in Norway. The traffic hub at Voss Railway Station (56 masl) is right next to the lower station of the new gondola which takes visitors to the mountain in an environmentally friendly way. After 7 minutes you will reach the top of Hangurstoppen Mountain, ready for exciting summer and winter experiences.

#### Product overview

- Voss Gondola
- Voss High-Rope & Zip-Line Park
- 3 Family Rafting
- 4 White Water Rafting



Western Norway

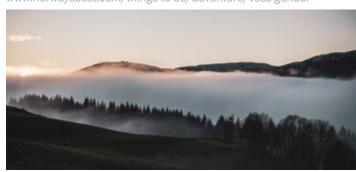
Voss region

## Voss Gondola

The gondolas lower station is in the traffic hub with bus, train and taxi at Voss Railway Station, which makes it very easy for visitors to get to the mountains in an environmentally friendly way. Escalators and lifts take you from the railway to the entrance of the gondola.

#### Read more on website

www.norwaysbest.com/things-to-do/adventure/voss-gondol





Departure from: Voss station



#### Prices:

Adult, one way: from NOK 250,-/ Return: from NOK 345,-

Children (7-17 years): from NOK 160,-/ Return: from NOK 220,-

Family, one way: from NOK 780,-/ Return: from NOK 1070,-

Includes two adults and all children under 18 y.o.

#### Tour facts



an Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec

Open: All days

**Duration:** 9 minutes (one way)

Other: Lenght: 2000 metres

Capacity per cabin: 34 passengers

**Restaurant capacity:** 310 guests **Conferance facilities:** 50 guests

Winter: Ski rental and Afterski

Summer: Bike rental and Afterbike



#### New gondola in Voss Resort

The gondola, starting at Voss Station (56 masl) and ending at Hangurstoppen (820 masl) right next to the top of the Express lift, have 9 cabins with a capacity of 1069 passengers per hour. 5 Back to main map

Western Norway

Voss region

Preliminary

# Voss High-Rope & Zip-Line Park

Voss High-Rope & Zip-Line Park is situated in scenic surroundings by Strandaelva river. Here are varied, fun and challenging activities for all ages!

Read more on website

norwaysbest.com/things-to-do/adventure/voss-high-rope--zip-line-park



#### Location:

Location: By E16 in Voss, 1,8 km from Tvinde Camping in direction Flåm



#### Prices:

Mini & Micro Courses: NOK na (min. height: 100 cm)

Main Course: NOK na (min. height: 140 cm)

Zipline Course: NOK na (min. height: 140 cm)

Main Course + Zipline: NOK na

#### Tour facts



**Open:** Weekends: 13.05-15.10.24 All days: 24.06-27.08.24

**Duration:** 1-3 hours

Pax per hour: 6

**Other:** Drop-in is not possible, book prior to arrival.



#### Practical information

- Max. weight: 120 kg
- Normal physical health
- You are prohibited from climbing if affected by alcohol or drugs

#### Included:

Harness and safety equipment and instructions

#### Bring with you:

- Clothes according to weather conditions. Shoes that cannot fall off.
- Food and drinks



Western Norway

Voss region

Preliminary

# Family Rafting in Voss

Bring your family along on an exciting rafting trip with Voss Active in river Vosso!

Read more on website

www.norwaysbest.com/things-to-do/adventure/family-rafting-in-voss



Location:

Meeting place: Nedkvitnesvegen 25, 5710 Skulestadmo

**Pick-up:** At Voss bus terminal 30 min prior to departure. *Pre-booking is necessary.* 



Prices:

Adult: from NOK na

Children (5-14 years): from NOK na

#### Tour facts



**Open:** All days (09.30 AM and 14.30 PM) From mid-May to mid-October

**Duration:** 3 hours (1,5 h on the river)

Pax per raft: 7-8

Age limit: 5+ years



#### Level and equipment

Family rafting is suitable for everyone of normally good health from 5 years of age. Swimming skills are not mandatory, but you must be comfortable in water.

Bring swimwear and towel. Wool underwear is recommended on cold days.

All necessary equipment is included (wetsuit, neoprene shoes, life jacket and helmet)

5 Back to main map

Western Norway

Voss region

Preliminary

# White water rafting in Voss

Welcome to an exciting, challenging and fun activity suitable both for beginners and experts. Voss Active guarantee a memorable white water rafting adventure!

Read more on website

norwaysbest.com/things-to-do/adventure/white-water-rafting-in-voss



Location:

Meeting place: Nedkvitnesvegen 25, 5710 Skulestadmo

**Pick-up:** At Voss bus terminal 30 min prior to departure. *Pre-booking is necessary.* 



Prices:

Adult: from NOK na

#### Tour facts



**Open:** All days (10 AM and 3 PM) From mid-May to mid-October

**Duration:** 3-4 hours

Age limit: 15+ years

Pax per raft: 6

Other: Swimming skills are mandatory



#### Level and equipment

Medium difficulty. All participants must know how to swim and have at least average physical health.

Participants will get wet on the raft.

Bring swimwear and a towel. Wool underwear is recommended on cold days.

All necessary equipment is included (wetsuit, neoprene shoes, life jacket and helmet)





#### M Travel time by airplane

Oslo - Bergen 50min
Oslo - Stavanger 55 min
Oslo - Bergen 50min
Narvik - Bergen w. transfer 2-3h
Trondheim - Bergen 1h
Bergen - Stavanger 35 min
Trondheim - Stavanger 1h 15min

#### 👼 Travel time by car

 Bergen - Odda
 135 km | 2,5h

 Stavanger - Odda
 192 km | 3,5h

 Voss - Lofthus
 71 km | 1h 20min

 Oslo - Odda
 346 km | 5h

 Odda - Lofthus
 32 km | 40 min

 Lofthus - Flåm
 123 km | 2h

Tolls and ferries might apply

#### Travel time by train

Oslo - Voss	5,5h
Bergen - Voss	1h 10min
Flåm - Myrdal - Voss	4h

5 Back to main map

Western Norway

# **About Hardanger**

The picturesque Hardangerfjord is Norway's second largest fjord. In spring and early summer, Hardanger is characterised by beautiful blossoming fruit trees.

Read more on website

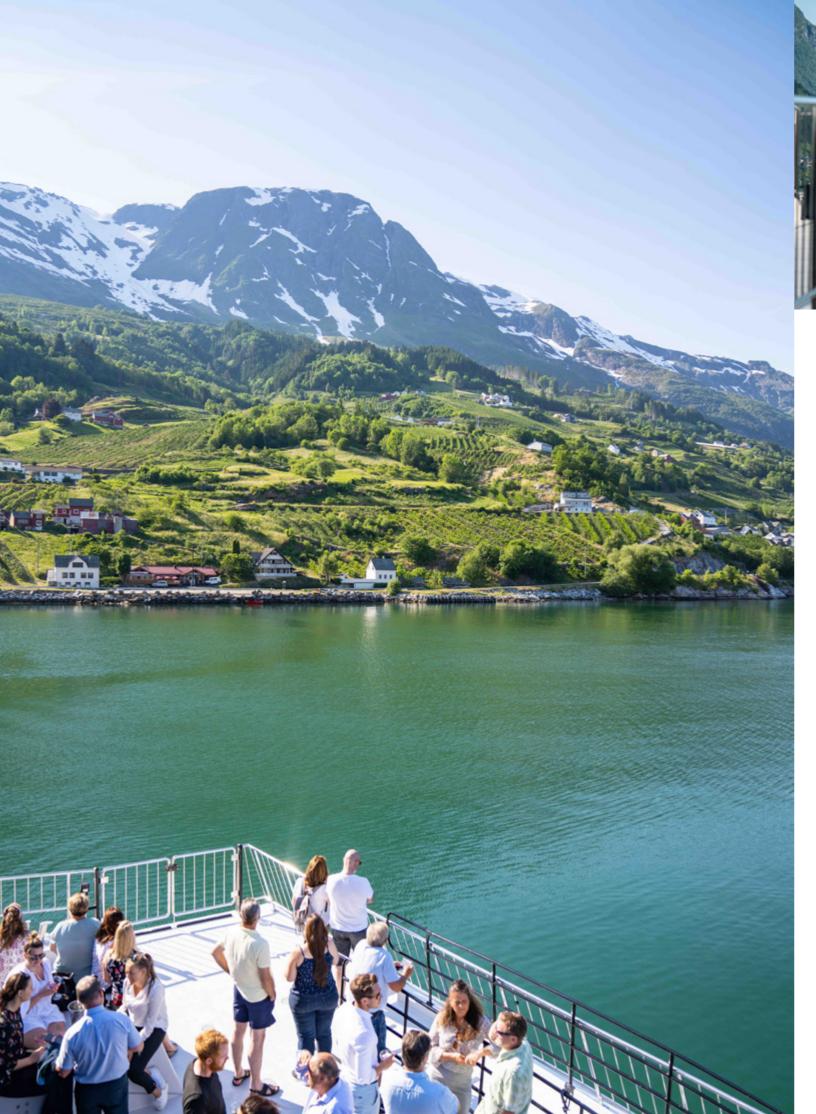
www.norwaysbest.com/places-to-go/hardanger



Later, once the fruit has been picked, you can buy boxes of apples, plums and cherries from the local farmers along the road. It truly is as idyllic as it sounds. A total of 19 local producers of Hardanger Cider, a protected term similar to Champagne, preserve the cultural heritage – and you are welcome to a taste!

#### Product overview

1 Fjord Cruise Hardanger





Western Norway

Hardanger

# Fjord Cruise Hardanger

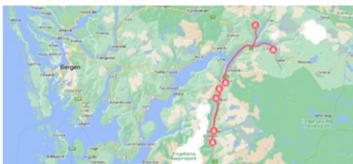
Experience the blooming and romantic Hardanger on board a sustainable fjord cruise when visiting local farms and museums where they produce fruit, juice and exquisite cider. Learn and indulge tasting the cider!

'Cider from Hardanger' is a protected geographical designation, like Calvados or Champagne, with 19 different producers crafting unique cider from local apples and history.

Read more on website

View timetable

www.norwaysbest.com/no/se-og-gjore/fjorder/fjord-cruise-hardanger





Departure from Odda, Tyssedal, Nå, Aga, Lofthus, Ulvik & Eidfjord



#### Prices:

Adult (Eidfjord-Odda)\*: from NOK 560,- (one way)

**Children (4-15 years):** 50% of adult price **Children (0-3 years):** Free of charge

Kayak / bicycle: from NOK 100,- per item

\*From end-to-end. Separate prices for each stop.

#### Tour facts



an Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec

Open: All days

**Duration:** 1,5 hours (Odda - Lofthus, one way)

3h 15min (Odda - Eidfjord, one way)

Other: Wheelchair access

**Guiding:** Use the free audio guide app "Voice of Norway" in Norwegian, English, German and Spanish, as well as silent guiding on screens.



#### Vessel TBA

- Passengers only
- Total capacity: 394 / 399 pax
- Premium Vessel
- Propulsion: Hybrid/Diesel-Electric
- Two large salons with seats inside. Plenty of space in and out.
- Café with hot/cold drinks, small meals and snacks, beer and wine

# Norway's best. Geirangerfjord



#### ₹ Travel time by airplane

Oslo - Ålesund 55min
Bergen - Ålesund 50 min

#### Travel time by car

Ålesund - Hellesylt 87 km | 2h

Bergen - Hellesylt 345 km | 6h

Hellesylt - Flåm 260 km | 4,5h

Geiranger - Trondheim 325 km | 7h

571 km | 8h

Tolls and ferries might apply

Geiranger - Oslo

#### Travel time by train

Oslo - Trondheim 6h 40min
Oslo - Myrdal - Bergen 6h 45min
Flåm - Myrdal - Bergen 5,5h

5 Back to main map

Western Norway

# About the Geirangerfjord

It is not without reason that Geirangerfjord is listed on the UNESCO World Heritage List. The stunning fjord is one of a kind with small farms clinging to the steep mountainsides.

Read more on website

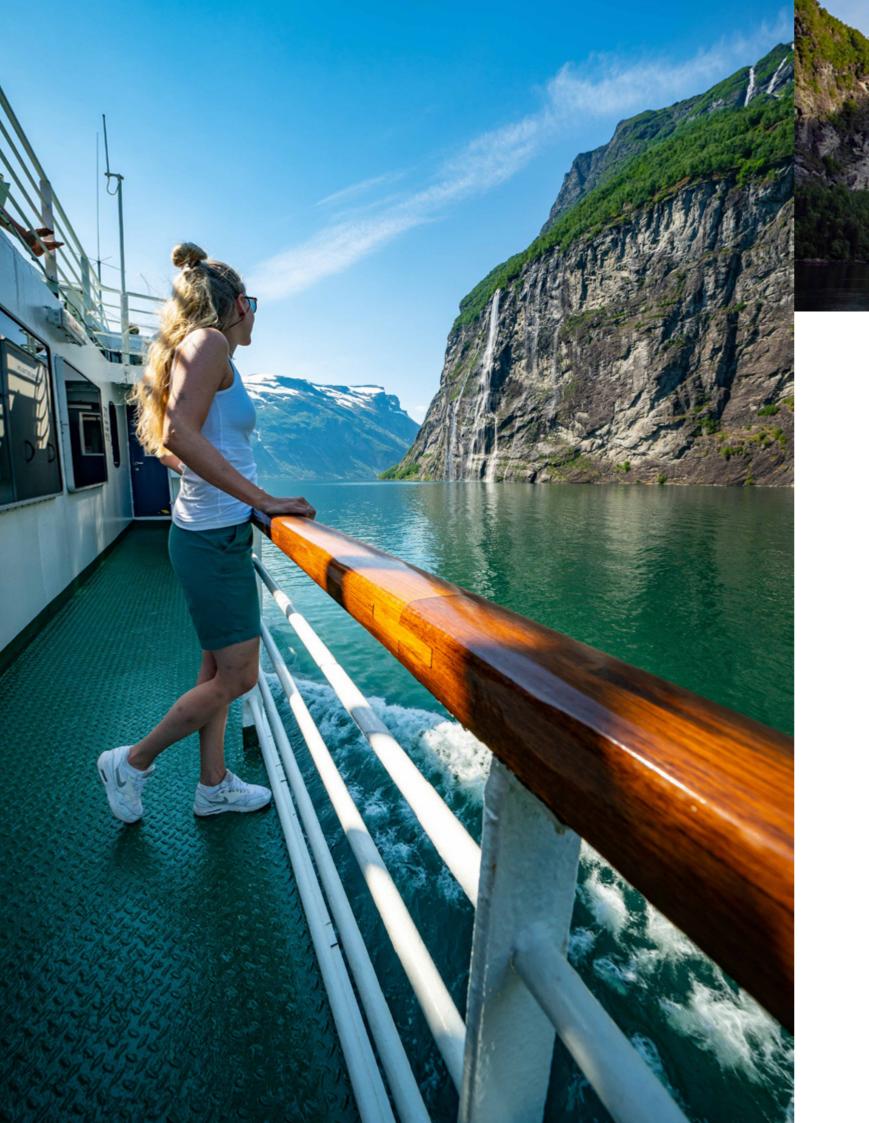
www.norwaysbest.com/places-to-go/geiranger



Less than 300 people live in Geiranger all year round, but the population increases significantly during the summer season. The compact and charming village centre is full of shops and kiosks and the surrounding hillsides offer several viewpoints to the fjord.

#### Product overview

1 Fjord Cruise Geiranger





Western Norway

Geirangerfjord

#### Tour facts

Open: All days



**Duration:** 1-2 hours

**Seating:** Salon inside on upper level with seats. Outside seating on upper level

**Serving:** Café with hot and cold drinks & snacks. Regarding lunch service on our vessels, please get in touch with your Key Account Manager

**Guiding:** Silent guiding on screens and sound/ picture/more information through the free 'Voice of Norway' app in Norwegian, English, German and Spanish.

# Fjord Cruise Geiranger

The Geirangerfjord is a 15-kilometre-long branch of Storfjord and has been inscribed on UNESCO's World Heritage List. The fjord is one of Norway's most popular attractions and offers a spectacular introduction to this iconic Norwegian geographical feature.

Read more on website

View timetable

www.norwaysbest.com/things-to-do/fjords/fjord-cruise-geirangerfjord



Location:

Departure from: Geiranger and Hellesylt



#### Prices:

**Adult:** from NOK 355,-/ **Return leg:** from NOK 180,- **Children (4-15 years):** 50% of adult price

Children (0-4 years): Free of charge

Kayak / bicycle: NOK 100 per item

Motorcycle: from NOK 570,-Vehicles (up to 6m): from NOK 710 Vehicles (above 6m): from NOK 1 420,-

Car package (5 pax, incl. car up to 6m): from NOK 1420,-



#### Geiranger - 'Bolsøy'

Car ferry | Capacity: 35 cars / 6 buses Total capacity: 343 passengers

#### Geiranger - 'Veøy'

Car ferry - Capacity: 36 cars / 7 buses Total capacity: 343 passengers

#### Vehicle transport

All pre-booked vehicles and their passengers must be present in the correct line at the departure pier 20 minutes prior to scheduled departure time. Later arrivals cannot be guaranteed transport. In case of expected delay, call Norway's best customer service at: +47 57 63 14 00





# Oslofjord



#### Travel time by airplane

Oslo - Sogndal	50min
Oslo - Bergen	50min
Oslo - Stavanger	55 min
Oslo - Ålesund	55min
Oslo - Trondheim	55min
Oslo - Narvik	1h 40min

#### Travel time by car

Oslo - Flåm	313 km   4,5h
Oslo - Bergen	464 km   7h
Oslo - Stavanger	551 km   7h
Oslo - Ålesund	545 km   8h
Oslo - Trondheim	491 km   6,5h
Oslo - Narvik	1.385 km   20h

#### Travel time by train

Oslo - Myrdal - Flåm	6h
Oslo - Bergen	6h 40min
Oslo - Stavanger	7h 50min
Oslo - Trondheim	6h 40min

Tolls and ferries might apply

#### 5 Back to main map

#### Eastern Norway

# About the Oslofjord

Not only is the Oslofjord beautiful, but in and around Oscarsborg and Drøbak there are interesting places with many activities to discover.

Read more on website

www.norwaysbest.com/things-to-do/fjords/fjord-cruise-oslofjord



#### Oscarsborg fortress

Due to the island's place in the narrowest part of the Oslofjord, it was a natural location for a naval defence of Oslo. The first defence was constructed as early as the mid 17th century, while the fortress which stands today was finished in 1853. The fortress is best known for sinking Nazi-Germany's heavy cruiser Blücher, on the morning of 9th April 1940. The last military operations ended in 2002 and the island and fortress now function as museum and hotel open for visitors.

#### Product overview

1 Fjord Cruise Oslo Harbour



Eastern Norway

Oslofjord

# Fjord Cruise Oslo Harbour

Sail the inner parts of the Oslofjord, from the pier next to the Oslo Opera House, along the city shoreline, between small islands, passing landmarks and historical places.

The silent vessel navigates around and in between the islands of the inner-Oslofjord. On the way back to Langkaia you will see the modern Bjørvika skyline with highlights such as the Munch Museum and Oslo Opera House.

Read more on website

View timetable

www.norwaysbest.com/things-to-do/fjords/fjord-cruise-oslo-harbour



Location:

Departure from Langkaia, Oslo (near the Oslo Opera house)



#### Prices:

Adult: from NOK 410,-

Children (4-15 years): 50% off

Children (0-3 years): Free of charge

Kayak/bicycle: NOK 100,- per item

#### Tour facts



Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov De

**Open:** Monday – Friday (All year) Monday – Saturday (May to October)

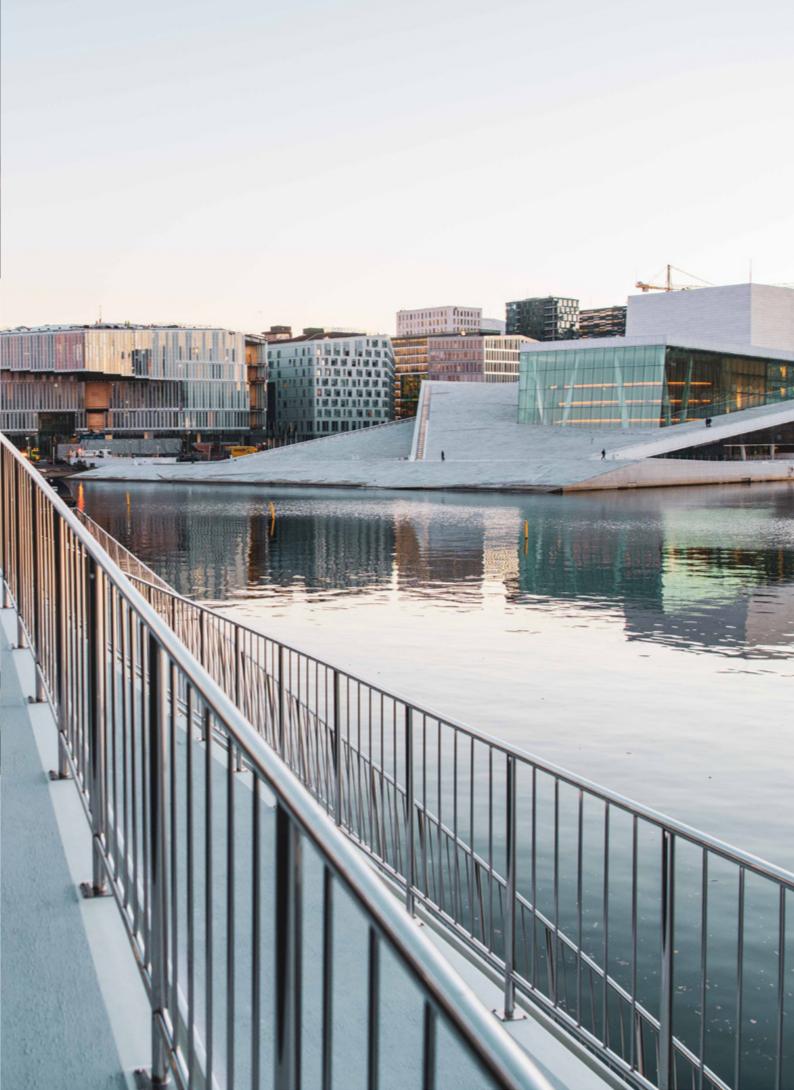
**Duration:** 1,5 hours

**Guiding:** Use the free audio guide app "Voice of Norway" in Norwegian, English, German and Spanish, as well as silent guiding on screens.



#### 'Legacy of The Fjords'

- Passengers only
- Wheelchair accessable
- Total capacity: 394 pax
- Premium Vessel
- Propulsion: 100% electric
- Two large salons with seats inside. Plenty of space in and out.
- Café with hot/cold drinks, small meals and snacks, beer and wine





# Norway's™ best\_ Narvik region



#### Travel time by airplane

Oslo - Narvik (EVE) 1h 40min Bergen - Narvik (EVE) 2h 10min Oslo - Bodø 1h 30min Oslo - Tromsø 1h 55min

#### Travel time by car

Oslo - Narvik 1.385 km | 20h Bergen - Narvik 1590 km | 24h Bodø - Narvik 301 km | 5,5h Tromsø - Narvik 232 km | 3,5h Narvik - Lofoten 226 km | 3,5h Narvik - Bardu 51,5 km | 1h

Narvik - Airport (EVE) 59,6 km | 1h Tolls and ferries might apply

#### Travel time by train

Stockholm-Luleå-Narvik 19t 5 Back to main map

Northern Norway

# About Narvik region

Narvik is our northernmost destination, surrounded by exciting history and a beautiful arctic landscape. Experience short polar winter nights with deep starry skies, moonlight, aurora borealis, twilight and the morning dusk or long polar days of summer with midnight sun of beautiful contrasts that become visible during the 24 hours of the day.

#### Read more on website

www.norwaysbest.com/places-to-go/narvik



#### Arctic adventures in Narvik

Narvik is full of history and culture, as well as being a wonderful ski destination with the majestic Narvikfjellet that offers first-class skiing with the spectacular Ofotfjord as a backdrop.

Expand your arctic adventure by renting a car and combine the trip to Narvik with the beautiful archipelago of Loften.

#### Product overview

- Narvik War Museum
- Narvik Cable Car
- Accommodation





Northern Norway

Narvik

Preliminary

## Narvik War Museum

Narvik War Museum conveys stories of Nazi-Germany's attack in April 1940 and the following five years of occupation, as well as raising universal questions about the consequences of war and conflict.

Read more on website

www.norwaysbest.com/things-to-do/food--culture/narvik-war--museum



Location:

Narvik City Centre



#### Prices:

Adult: from NOK na

Children (6-16 years): from NOK na

Children (0-5 years): Free of charge

Family: from NOK na

#### Tour facts



Open: All days

(except on selected holidays)

**Duration:** 1-2 hours

**Other:** Wheelchair friendly. Family friendly guiding via app.

Café and shop: The café 'Punktum' offers coffee, light hot dishes and other snacks. The Museum Shop is located at the entrance and has a childrens area.



#### War history

The battle of Narvik started on April 9th 1940. This is where one of the largest sea battles of World War II took place, and where the allied forces experienced their first iconic victory over Nazi-Germany. The battle of Narvik lasted for 62 days and took 8.500 lives.

The museum also arranges temporary exhibits about war in Norway and/or the world. Through innovative design and technology, the exhibits will involve and interest all ages.

5 Back to main map

Northern Norway

Narvik

Preliminary

## Narvik Cable Car

Experience Narvik from above! The cable car takes you up to Narvikfjellet, 656 masl, in 4 minutes. From there you can enjoy panoramic views to the city and its surrounding fjords and mountains. During the winter season the cable car is part of the ski resort, perfect for slalom skiing, ski touring and off-piste skiing. Narvik is actually one of the applicants to

Read more on website

www.norwaysbest.com/things-to-do/adventure/narvik-cable-car



#### Location:

Departure from lower cable car station Skistua 61, 8515 Narvik



#### Prices:

Adult, one way: from NOK na/ Roundtrip: from NOK na
Children (7-17 years): from NOK na / Roundtip: from NOK na
Children (0-6 years): Free of charge

#### Tour facts



**Open:** All days (Jan - Aug + Dec) Friday - Sunday (Sep - Oct) Closed (November)

**Duration:** 4 minutes (one way)

**Capacity:** 10 seats per car 1.600 pax per hour



# Cable car and Narvikfjellet Restaurant

The Narvik Cable Car opened in 2019. On the way you can marvel at the views of Narvik, the fjords and the surrounding mountains. Enjoy the scenery in peace and quiet or opt for further Arctic adventures.

Narvikfjellet restaurant is located in the heart of the resort, with its unique location on the edge of the mountain. Experience the midnight sun or the northern lights accompanied by a good meal or light snacks.





Northern Norway

Narvik

B2C only

# **Quality Hotel Grand Royal**

Grand Royal Hotel Narvik is located in the heart of Narvik, a city with rich and fascinating history. It offers a comfortable stay in modern style. Apart from historical significance, the area is popular for those who want to experience unspoiled arctic nature and exciting adventures.

#### Read more on website

norwaysbest.com/accommodation--restaurants/quality-hotel-grand-royal





#### .... Location:

#### Narvik

- By train to Narvik Station
- By bus to Narvik bus terminal
- By plane to Harstad-Narvik Airport Evenes, the airport bus stops right outside the hotel
- By car; parking garage is located in the shopping centre right next to the hotel at a daily fee.



#### Prices:

B2C only (not available in City Break)



Check in: from 15:00 Check out: no later than 12:00

#### Breakfast

Mon - Fri: 06:30 - 09:30 Sat - Sun: 08:00 - 10:00

#### **Conference facilities:**

8 meeting rooms, 500 guests

Other: Free WiFi for all hotel guests. Charging of electric car possible for a fee.

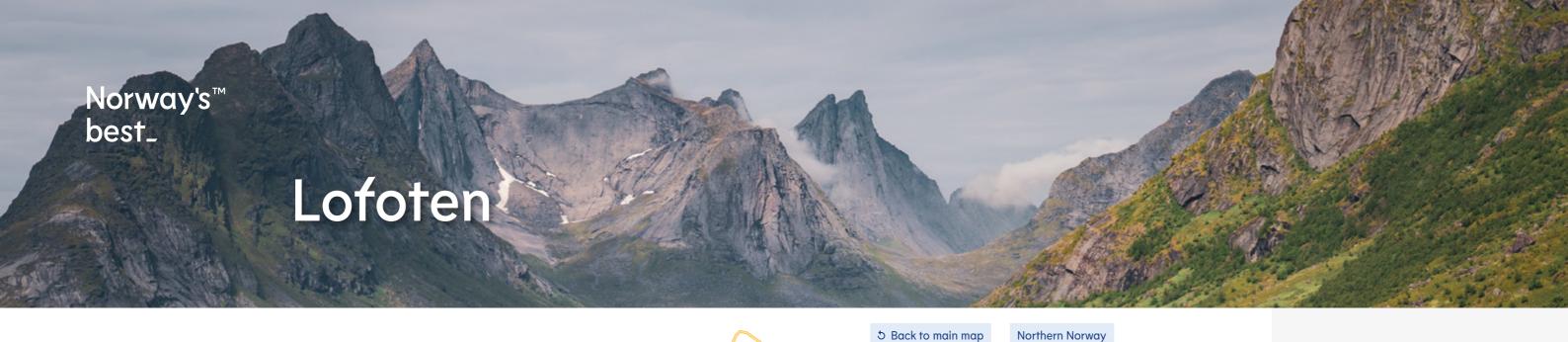


#### Practical information

The hotel has a luggage storage room to keep belongings before and after the stay if needed

#### Good dining experiences

At 'Linken Restaurant & Bar' on the top floor you will experience fine dining with panoramic views of the fjord and mountains. Traditional 'Rallar`n Pub & Kro' is a restaurant that offers good taste experiences in a cozy atmosphere. This is a popular restaurant among the locals, known for its juicy steaks.







Oslo - Narvik (EVE) 1h 40min Bergen - Narvik (EVE) 2h 10min Oslo - Bodø 1h 30min Oslo - Tromsø 1h 55min Travel time by train

19t

Stockholm-Luleå-Narvik

Oslo - Lofoten 1 364 km | 20,5 h Bergen - Lofoten 1 568 km | 25h Bodø - Lofoten 221 km | 5,5h Tromsø - Lofoten 421 km | 6h Lofoten - Narvik 220 km | 3,5h Lofoten - Airport (EVE) 164 km | 2,5h

\*Distances based on Svolvær.

Tolls and ferries might apply

Northern Norway

# **About Lofoten region**

Welcome to the Lofoten Islands, one of the world's most spectacular archipelagos. Visit white sandy beaches, steep mountains, enjoy sumptuous seafood, the Midnight Sun, small fishing villages and great hospitality.

Read more on website

www.norwaysbest.com/places-to-go/lofoten



Stay in a charming fisherman's cabin and spend your days creating life-long memories with a range of activities, including sea rafting, whale safaris, surfing or hunting for the Northern Lights.

#### Product overview

- Fishing trip Svolvær
- Sea eagle safari from Svolvær



Northern Norway

Lofoten

Preliminary

# Fishing trip from Svolvær

Joining a traditional fishing boat from Lofoten is a true adventure! Try fishing and hear fascinating stories about Lofoten and the fishing industry, which still is the basis of daily life of many locals. A great activity for the whole family!

Read more on website

https://www.norwaysbest.com/things-to-do/adventure/fishing-trip-from-



### .... Location:

Svolvær Harbour (Meet 15 minutes before departure)
Parking: By Alsos Gården in Svolvær town centre, 5 min. walk



#### Prices:

Adult: from NOK na

Children (0-15 years): from NOK na

#### Tour facts



an Feb Mar Apr May Jun Jul Aug Sep Oct Nov De

**Duration:** 4 hours

Boat: Fishing boat, PAX 60

(Cancellation deadline 48 hours)

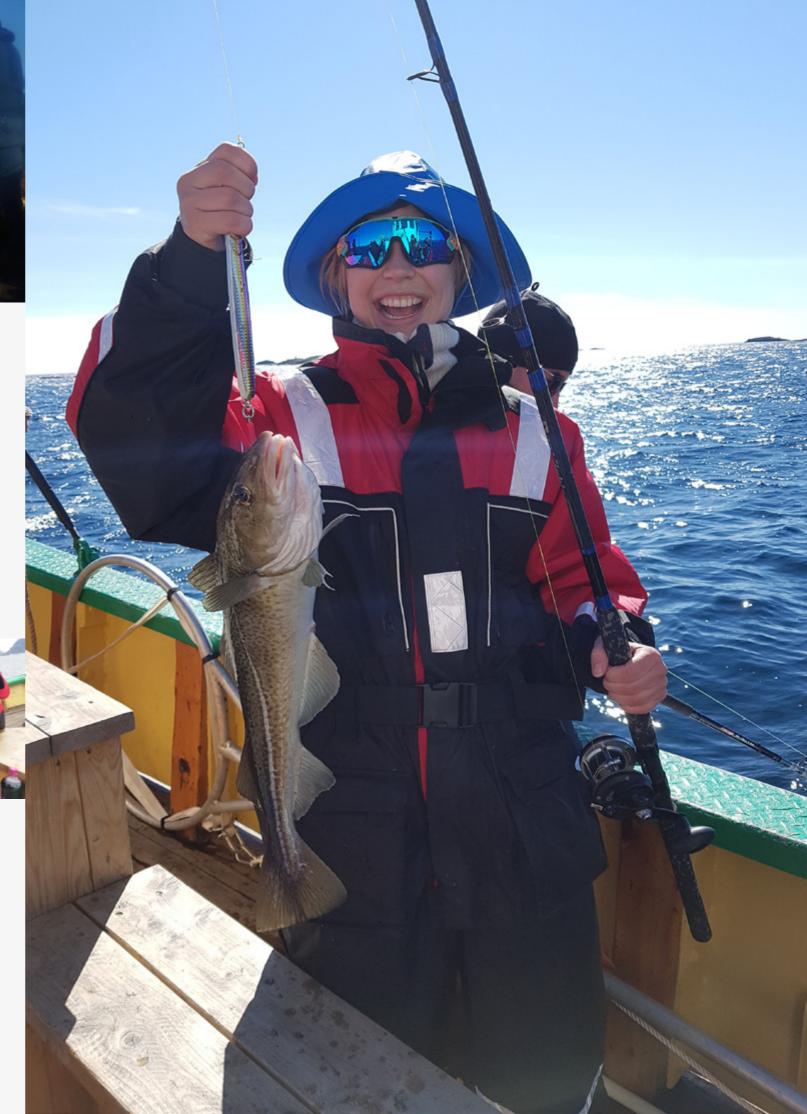
# Practical information

What to bring: Warm clothes

**What is included:** Flotation suit, fishing gear and coffee on board

#### Fishing in Lofoten

Fishing has been the backbone of Lofoten for centuries and is still the basis of daily life of many locals. Known for its rich amounts of fish, the chance of catching one is high! On our trips, we often get cod, pollock, haddock, and mackerel, as well as herring, redfish, catfish, monkfish, and flounder. Sometimes we even catch halibut.





Northern Norway

Lofoten

Preliminary

# Sea Eagle Safari to Trollfjord - RIB

A memorable adventure on board a fast RIB-boat from Svolvær, along the Lofoten coastline to the stunning Trollfjorden. The trip provides panoramic views to the fantastic landscape and possibilities of seeing sea eagles.

Read more on website

https://www.norwaysbest.com/things-to-do/adventure/sea-eagle-safari-to-



Location:

Sjømannsgata 5, Svolvær Meet 30 min. prior to departure



Prices:

Adult: From NOK na

Children (6-15 years): From NOK na

Booking closes 24 hours before

#### Tour facts



Open: All days

**Duration:** 2 hours

**Guiding:** A guide will share knowledge about the area and the wildlife along the way.

(Cancellation deadline 48 hours)



#### Sea eagles

Chances are you will see spectacular wildlife, and most certainly sea eagles. With a wingspan on 2.65 m, it is the largest eagle in north Europe.

#### History of the Trollfjord

Trollfjord was the scene of a very unusual battle between fishermen which took place in 1890. Rich with cod, the fjord lured modern fishermen with steam vessels to the area. They tried to cut off the traditional fishing boats in order to keep all the fish for themselves. The old fishermen took up the fight. Learn how the battle ended during the trip.





# About Norway's best AS

Through joint ventures, wholly-owned subsidiaries and partners, both international and national, we seek to put guests first, through all stages of their experience on their journey to the natural beauty of the fjord landscape.

We think holistically about tourist destination development and our philosophy is that the concepts of culture, nature and service should be mutually supportive in order to create the best possible customer experience.

#### Historical timeline

Aurland Ressursutvikling and its wholly-owned subsidiary Norway's best AS has been an important contributor to the development of a world-class travel destination. When the company was founded in 1997, interest in the Flåm Railway and tourism in the region had been on the decline for a long time. Through customer outreach, a vision of the region's potential and substantial investments, a destination has been developed on a step-by-step basis as an inspiration to other tourist destinations in Norway. We take knowledge and experience from destination development in Flåm into our national commitment and contribution in developing and positioning Norwegian quality destinations and tourism products.

#### Vision, business idea an values

Vision: "The world travellers first choice for spectacular experiences"

Mission: Sale of world-class sustainable nature experiences

**Business idea:** Develop, own, operate, market and sell selected sustainable tourism experiences in the world market

Values: Genuine, hospitable, spectacular, competent

#### Business areas

The Group comprises the following business areas:

**Sales and marketing:** Distribution of products and experiences, nationally and internationally, through digital distribution channels.

Destination Flåm: Fretheim Hotel, Heimly Guesthouse, Flåm Bakery and Hotel Aurlandsfjord. Sales of own products and souvenirs in the Flåm Railway Museum and Flåm Store. Aurland Shoe Factory with produces and sells the Aurland shoe, bags and other accessories.

**Destination Myrkdalen:** Myrkdalen Hotel, restaurants, ski resorts, cycling and various outdoor activities.

**Property development:** Holiday homes (cabins and apartments) in Myrkdalen Fjellandsby.

The Flåm Railway - Sales, operation, and development of Flåmsbana between Flåm and Myrdal, operated by the company Flåm Utvikling (owned 50/50 between ARU and Vygruppen).

**The Fjords** - Operation and development of fjord-based tourism experiences on Nærøyfjorden and Geirangerfjorden (owned 50/50 between Norway's best AS and Fjord1 ASA).

# Norway's best AS Sustainability

The climate challenges are global, and the tourism industry are obliged to act for a sustainable business and future development.

Norway's best AS has established a sustainability strategy based on the UN Sustainability Development Goals (SDG). Norway's best AS will commit and take its responsibility for a climate friendly travel and tourism business, and work towards zero emission as a company and our products. Sustainable business development in Norway's best AS will involve systematic work and measures in order to cut our emissions, preservation of the environment and increase value.

#### Stakeholders

Norway's best AS collaborates with various actors in its sustainability work. Locally, Aurland Municipality, Port of Flåm (Aurland Hamnevesen) and Visit Sognefjord are our partners. In addition, the company cooperates with important national players:

DNVGL: Collaboration partner associated with implementation of quality systems to follow up and measure our sustainability work.

Bellona: Formal agreement with the independent non-profit organisation to meet and fight the climate challenges, by identifying and implementing sustainable environmental solutions. The organisation has a broad professional expertise and is an important link for a dialogue to national politicians concerning sustainable development. Bellona plays a key role in our initiative against the port authorities, cruise lines, municipalities and local business to create a common sustainable development in Flåm.

#### Cruise

Norway's best AS works closely with the Port of Flåm (Aurland Hamnevesen), Bellona, Cruise Operators, The Norwegian Maritime Authority and fellow ports to work and be a driver for a sustainable and environmentally friendly cruise development and policy in Flåm. Planning a cruise to Flåm please check the local port authorities: https://www.flamport.no/

#### B2B Service & Support

#### City Break Booking System

Norway's best AS is using the latest Citybreak booking client. You will be offered a contract with terms and conditions, valid rates, payment conditions, etc. If the agreed payment method is by invoice or by credit card in advance, you may download your travel document directly from the booking system. See user manual

Invoices are issued by our booking and invoicing partner "Norway's best AS", and preferably sent by e-mail.

Get access: Contact your personal sales representative or send a request to sales@norwaysbest.com

#### Free photo services

Our Photo Service promotes national and international marketing of Norway's best destinations to the press and tour operators. Use our pictures, free of charge, in accordance with the objective. All pictures should be credited. Sign up here:

www.norwaysbest.imageshop.no//97

#### Newsletter

Join our monthly newsletter to receive news and information about our destinations and products. Please subscribe using the link below: www.norwaysbest.com/information/ tour-operators-agents/

# Meetings, Incentives, Conferences, Events (MICE)

All products in this manual and several others can be offered through our exclusive MICE department.

Contact: mice@norwaysbest.com



## Contact information

#### Norways best AS

#### **Commercial Director**

Helene M Bjørnø

Phone: (+47) 90 64 62 18

E-mail: helene.bjorno@norwaysbest.com

#### **Head of Marketing**

Rolf Didrik Hexeberg Phone: (+47) 95 96 31 29

E-mail: rolf.didrik.hexeberg@norwaysbest.com

#### **Key Account Manager International Sales**

Fabiola Salmoran

Phone: (+47) 48 19 47 39

E-mail: fabiola.salmoran@norwaysbest.com

#### **Key Account Manager International Sales**

Maira Rumba Andresen Phone: (+47) 47 70 83 74

E-mail: maira.andresen@norwaysbest.com

#### **Key Account Manager International Sales**

Derek Murphy

Phone: (+47) 48 44 07 49

E-mail: derek.murphy@norwaysbest.com

#### **Account Manager International Sales**

Christine Jonsson

Phone: (+47) 46 36 54 14

E-mail: christine.jonsson@norwaysbest.com

#### **Account Manager International Sales**

Alexander Klein

Phone: (+47) 96 00 57 60

E-mail: alexander.klein@norwaysbest.com

#### **Head of Sales**

Gry Steine Mundal

Phone: (+47) 47 61 94 91

E-mail: gry.mundal@norwaysbest.com

#### **Content specialist marketing**

Anne M. Hirth

Phone: (+47) 99 75 41 12

E-mail: anne.hirth@norwaysbest.com

#### **Key Account Manager**

#### **MICE Sales**

Mailin Bjørnetun

Phone: (+ 47) 92 26 14 41

E-mail: mailin.bjornetun@norwaysbest.com

#### **Account Manager MICE Sales**

Kathrine Vindedal

Phone: (+47) 97 62 55 70

E-mail: kathrine.vindedal@norwaysbest.com

#### **General inquiries:**

sales@norwaysbest.com mice@norwaysbest.com

#### Norways best - Visitor Center

#### Reservation - Ticket office

Phone: (+47) 57 63 14 00

E-mail: reservation@norwaysbest.com Internet: www.norwaysbest.com

#### **Switchboard**

Phone: (+47) 57 63 14 00 E-mail: info@norwaysbest.com Internet: www.norwaysbest.com

#### Flåmsbana - The Flåm Railway

#### **Back office - Agent support**

Tel: (+47) 57 63 21 00 | Fax: (+47) 57 63 23 50

E-mail: flaamsbana@visitflam.com

Internet: www.norwaysbest.com/flamsbana

#### Accommodation & Dining

#### **Reception - Fretheim Hotel**

Contact Tel: (+47) 57 63 63 00 Fax: (+47) 57 63 11 19

E-mail: fretheimhotel@norwaysbest.com Website: norwaysbest.com/fretheim-hotel

#### **Reception - Myrkdalen Hotel**

Contact Tel: +47 47 47 16 00 E-mail: post@myrkdalenhotel.no

Website: www.myrkdalen.no/en/myrkdalen-hotel-0

#### Postal Addresses

Flåm AS - Visit Flåm

P.O. Box 42 - NO-5742 Flåm Norway

Flåmsbana - the Flåm Railway

P.O. Box 75 - NO-5742 Flåm Norway

The Fjords DA

P.O. Box 42 - NO-5742 Flåm Norway

Fretheim Hotel

P.O. Box 83 - NO-5742 Flåm Norway

The Flåm Railway Museum

P.O. Box 42 - NO-5742 Flåm Norway

Aurlandskoen Économusée Odden 13 B - NO-5745 Aurland Norway

#### B2B Service & Support

#### **City Break Booking System**

Norway's best AS is using the latest Citybreak booking client. You will be offered a contract with terms and conditions, valid rates, payment conditions, etc. If the agreed payment method is by invoice or by credit card in advance, you may download your travel document directly from the booking system. See user manual

Invoices are issued by our booking and invoicing partner "Norway's best AS", and preferably sent by e-mail.

Get access: Contact your personal sales representative or send a request to sales@norwaysbest.com

#### Free photo services

Our Photo Service promotes national and international marketing of Norway's best destinations to the press and tour operators. Use our pictures, free of charge, in accordance with the objective. All pictures should be credited. Sign up here: www.norwaysbest.imageshop.no//97

#### Newsletter

Join our monthly newsletter to receive news and information about our destinations and products. Please subscribe using the link below: www.norwaysbest.com/information/ tour-operators-agents/

#### Meetings, Incentives, Conferences, **Events (MICE)**

All products in this manual and several others can be offered through our exclusive MICE department. Contact: mice@norwaysbest.com

